

LUNCH MENU WEEK 1

MONDAY	Sausage and onion gravy	Chicken, tomato and basil pasta	^v Vegetable fajita wrap with salad and coleslaw	Ginger cake
TUESDAY	Gammon steak and pineapple	Meatballs with Italian tomato sauce and spaghetti	^v Macaroni cheese	Fresh fruit salad
WEDNESDAY	Roast chicken with stuffing and Yorkshire pudding	Beef and vegetable pie	^v Mediterranean vegetable and chickpea pocket	Apple and black cherry crumble
THURSDAY	Homemade beef lasagne and garlic bread	Chicken jalfrezi	^v Cheese, leek and tomato tart with mixed salad	Lemon cake
FRIDAY	Fish and chips	BBQ chicken wrap	^v Vegetable spring rolls and curry sauce	Chocolate brownies

A range of vegetables and jacket potatoes with various fillings are also available daily.

LUNCH MENU WEEK 2

MONDAY	Beef cobbler	Ham and pineapple wholemeal pizza	^v Vegetable burger	Raspberry coconut sponge
TUESDAY	Chinese chicken noodles	Chilli beef soft taco and tomato salsa	^v Cheese and onion quiche	Berry flapjacks
WEDNESDAY	Roast beef and Yorkshire pudding	Sausage and onion gravy	^v Chinese vegetable noodles with Quorn	Pear crumble
THURSDAY	Chicken tikka masala	Southern fried chicken wrap	^v Stuffed Quorn and bean peppers	Carrot cake
FRIDAY	Fish and chips	Chicken korma rice and naan bread	^v Pizza with hidden veg sauce	Lemon muffin

A range of vegetables and jacket potatoes with various fillings are also available daily.

LUNCH MENU WEEK 3

MONDAY	Chicken casserole and herb dumplings	Chicken fajita pocket	^v Chickpea sweet chilli pasta	Chocolate and beetroot sponge
TUESDAY	Chicken and broccoli pasta bake	Korean beef and gherkin baguette	^v Mushroom korma	Apple crumble
WEDNESDAY	Roast chicken with stuffing and Yorkshire pudding	Beef chilli con carne	^v Mexican cheese and onion quesadilla	Strawberry mousse
THURSDAY	Sausage and onion gravy	Chicken tikka masala	^v Cheese and tomato pizza slice	Sticky date pudding
FRIDAY	Fish and chips	Homemade beef and onion pie	^v Vegetarian bolognese sauce	Fresh fruit salad

A range of vegetables and jacket potatoes with various fillings are also available daily.

LUNCH MENU WEEK 4

MONDAY	Harvest chicken casserole	Cheddar cheese and onion pie	^v Quorn pasta arrabbiata	Raspberry Victoria sponge
TUESDAY	Meatball melt	Chicken jalfrezi	^v BBQ vegetable and mixed bean wrap	Fresh fruit salad
WEDNESDAY	Roast pork with stuffing and Yorkshire pudding	Tandoori chicken flatbread with garlic sauce	^v Vegetable pea and potato curry	Rice pudding
THURSDAY	Minced beef and vegetables	Sausage and onion gravy	^v Cheese and red onion quiche	Chocolate and orange cake with custard
FRIDAY	Fish and chips	Salmon and broccoli bake	^v Margherita pizza and lentil sauce	Flapjack

A range of vegetables and jacket potatoes with various fillings are also available daily.