



**Rye Hills
Academy**

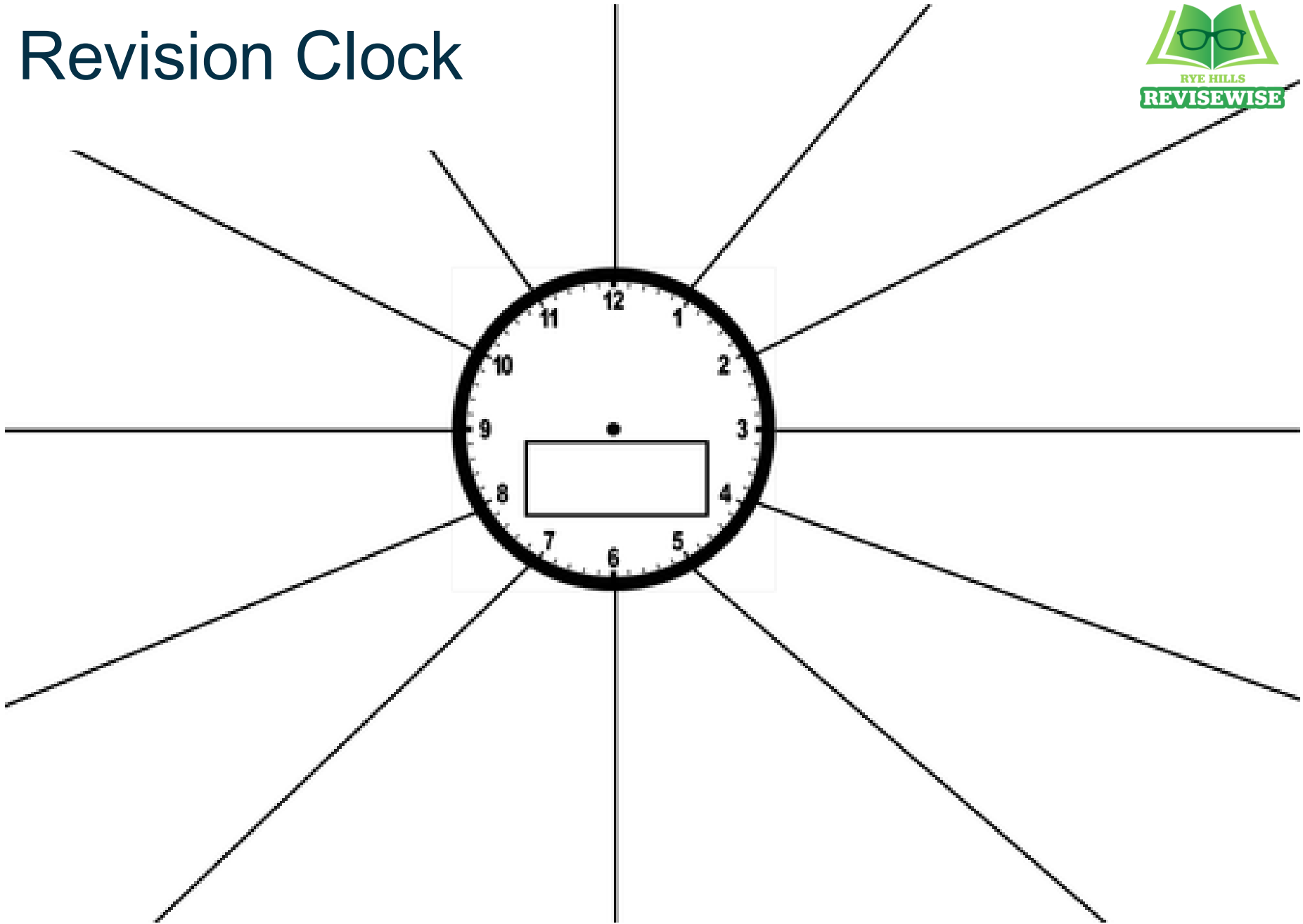


**RYE HILLS
REVISEWISE**

Using REVISION CLOCKS effectively

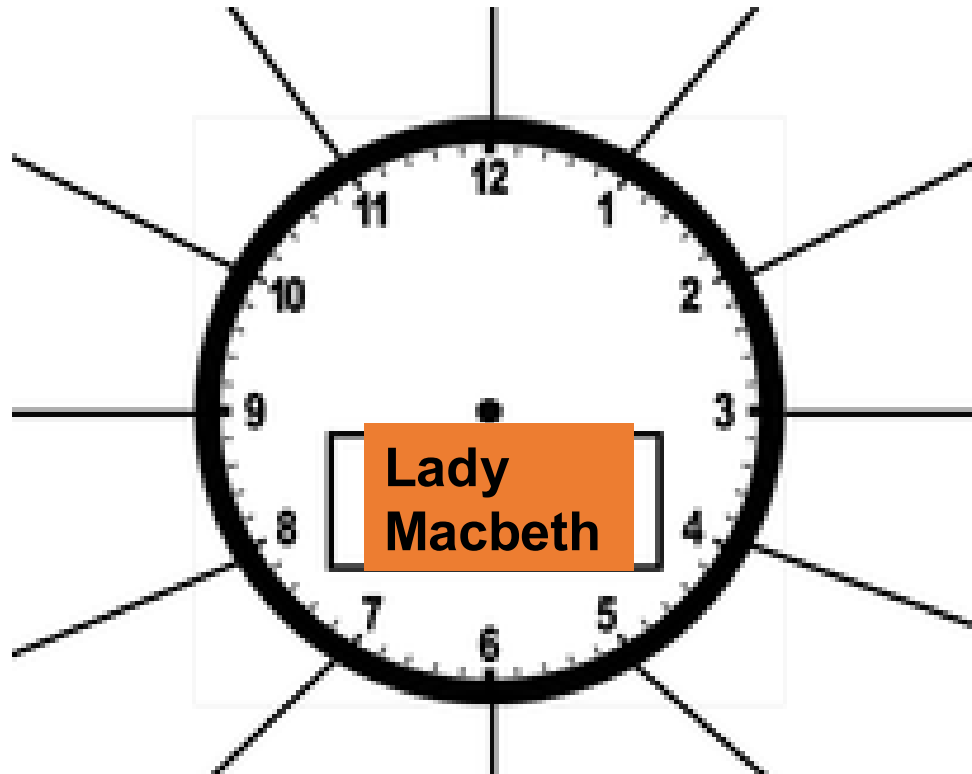


Revision Clock



Layout of a Revision Clock

- Main topic is the centre of the clock
- Ideally A3 and landscape
- Divided into 12 sections of 5 minutes each



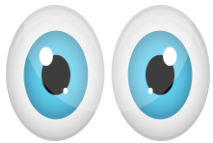
Sections

- Break the topic into sections to help organise ideas – your brain likes this -it helps knowledge to 'stick'.
- Each section should have a visible title and key words or facts
- Add images – brains remember images before words
- Colour code



Test yourself **This is the important bit!**

- **Look** at a section on the Revision Clock – read it.
- **Say** it out loud – it will help you remember it.
- **Cover** the section up.
- **Write** down what you can remember.
- **Check** what you missed and try again.
- Work your way around the sections of the clock.
- Eventually, you should try and recreate the whole Revision Clock from memory!



Use the timings on the clock!



- Each section on the clock is 5 minutes
- Spend five minutes revising each section using the Look, Say, Cover, Write, Check and then write out from memory. **USE A TIMER!**
- Then move on to the next section – another 5 minutes and so on...
- Section 6 you could leave blank or write in 5-minute break. Have a break!
- Then repeat the above with the remaining sections of the clock.
- This will feel like a fast –paced 1 hour revision session!



Ask someone to test you using the Revision Clock.

- Ask family or friends to test you and ask you questions. Section of the clock at a time.
- By speaking out the answers out loud you are not only retrieving information but you're helping it to stick!
- Testing and Quizzing is THE most effective way to help knowledge stay in your brain!



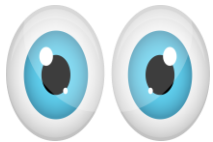
Use the Revision Clock every day until...

- Once you know the Revision Clock from memory, look at it and revise using it **several times a week**
- When you are completely confident, look at it and revise from it **once a week** to ensure your brain does not forget it.
- When you are looking at it weekly and you realise you have forgotten the information, **take it back to daily!**





Remember – it is not the creating of the Revision Clock that is the most helpful part. It is using the clock to test yourself. The **Look, Say, Cover, Write Check** method is key to strengthening memory!



In the exam visualise the Revision Clock

