

Year	Autumn	Spring	Summer
10	<p>Whilst studying the Level 2 National Sport Studies students will develop theoretical knowledge within four units of study: Students will start on Leadership L01 Knowing the personal qualities, styles and responsibilities associated with effective sports leadership, in theory, and table tennis practically assessed performing for individual sport.</p> <p>Then they move onto L02 Leadership in which they will plan and a lesson to lead and within the practical lesson they will learn how to lead in a sport-based lesson.</p> <p>In this unit, students will explore the wide range of outdoor and adventurous activities available both locally and across the UK, learning how to identify providers and facilities for activities such as climbing, kayaking, hiking, and orienteering. They will investigate how these activities cater to various interests</p>	<p>Students will carry out their lesson and evaluate in L03 and L04 lesson Leadership. Practically they will be developing badminton individual sports and volleyball team sports.</p> <p>L04 Practical Sport assignment both practical and theory</p> <p>In the theory lessons, students will go onto learn the exam unit content Barriers and solutions to these for different user groups.</p> <p>Students will develop skills to plan outdoor adventures, considering factors like location, weather, equipment, and group needs. By learning these planning and safety principles, they will gain the confidence to engage in outdoor activities responsibly while enjoying the natural environment. The unit highlights the importance of recreation and adventure to improve health, well-being, and personal growth.</p>	<p>For this unit they will develop their umpiring skills in badminton and table tennis and continue to develop knowledge in:</p> <ul style="list-style-type: none"> • The role of promoting good values in sport and the use of performance-enhancing drugs and the procedures used to check on athletes. • Understanding the importance of hosting a major sporting event • The role of national governing bodies in sport

	and skill levels and understand the physical, mental, and social benefits of participation. Students will also learn about the essential equipment, clothing, and safety gear required for different activities, alongside the role of facilities and technology, such as GPS devices and weather apps, in supporting safe and enjoyable experiences.		
11	<p>Team sport assessment of playing ability coverage a range of sports in practical lessons.</p> <p>L01- Media, knowing how the sport is covered across the media. L02- Understanding the positive effects the media can have on the sport.</p>	<p>Individual Sport assessment of playing in the practical sports.</p> <p>L03- Understanding the negative effects that the media can have on the sport. L04- The relationship between the sport and the media. L05 -To be able to evaluate media coverage.</p>	Any final assessments for sport and leadership and improvements in assignments or resits for the exams to work on if needed.

Curriculum Overview – Sports Studies- Rye Hills.