



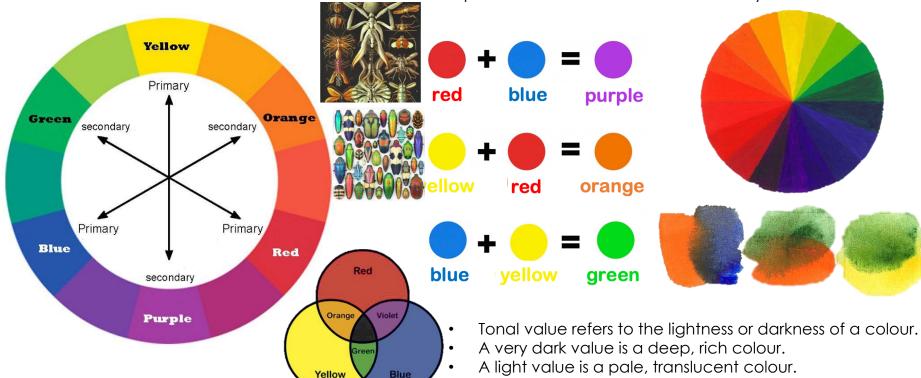
KNOWLEDGE ORGANISER



Student Knowledge Organiser

Painting and Colour Theory – Year 7

Painting is the art of using pigment to apply colour to a surface such as paper or canvas to create pictures. The pigment may be in dry powered form or wet like an acrylic.



- A light value is a pale, translucent colour.

Tone = adding gray

Tint = adding white

Shade = adding black

Tints, tones, and shades are created by adding white, grey, or black to a colour thereby affecting its tonal value.

Further information:

https://www.youtube.com/watch?v=Yel6Wqn4l78

Layering – You can apply your paint in layers to create darker tones or create texture.

Blend - You can blend your paint using water or just your paintbrush to create gradual tone.

Brush strokes – The direction and pressure on your brush and the marks you make.



Painting Top Tips:

- Apply a small amount of paint to the brush
- Apply a small amount of water to the brush
- **DO NOT** cover your paintbrush in paint
- You can mix your paint on the table but **DO NOT** make large puddles and make a mess

Sikhism originated from the Punjab area in the 15th century.

It is the youngest of the six major world religions.

It is a monotheistic religion (beliefs in one God) but there were 10 Guru's who helped with the teachings and practices of Sikhism. Their God is called Waheguru.

The Purpose of Human Life

'Hukam' means following God's command. The purpose of life in Sikhism is to follow God's command by adhering to the rules (like what Guru Nanak taught).

There are three golden rules to follow –

- 1. Be kind and help others.
- 2. Earn a living by a respectable means.
- 3. Keeping God in their thoughts at all times.

The Guru Granth Sahib

The Guru Granth Sahib is the Sikh holy book. The Guru Granth Sahib is treated with the upmost respect. This is done by some of the following:

- bowing the head to the ground in the presence of the Guru
 - · covering the head
 - removing shoes to enter the presence of the Guru
 - sprinkling water ahead of the Guru Granth Sahib
 - providing a room and bed for rest.

Guru Nanak

Guru Nanak was the founding Guru of Sikhism. Guru Nanak has very important teachings that formed the foundation of what it meant to be a good Sikh:

- There is one God.
- People are all equal.
- People should be truthful.
- People should be kind.

What do Sikhs believe about the nature of God?



There were 10 Guru's of Sikhism and they were human leaders of the religion. The last Guru (Guru Gobind Singh) created the holy book Guru Granth Sahib which is the Guru of Sikhism.

Some characteristics that the Gurus had:

- Determination
 - Resilience
 - Truthful
 - Trustworthy
 - Kind

Mool Mantra

The Mool Mantra the first Shabad (hymn) composed by Guru Nanak that explains Sikh beliefs about the nature of God.



He always has and always will exist. He is eternal no beginning and no end

MOOL MANTRA

There is only one God

Truth is his name

He is the Creator

He is without fear

He is without hate

He is timeless and without form

He is beyond death, the enlightened one He can be known by the Guru's grace.

He is above everything and can do anything

 $(Japji\ Sahib)$

*

Neither male nor

female. Has no form

he is everywhere

One God – it is a

monotheistic religion.

Can learn about God through the Guru Granth Sahib

Hardware

The physical components of a computer. Objects that you can touch. For example:

Disks, disk drives, display screens, keyboards, printers, boards, and chips.

Software

You cannot 'touch' software. Software refers to the programs that run on a computer, rather like the music playing on a CD. Some examples of software are Windows, MS Word, MS Excel, Photoshop and Scratch.

Peripheral Devices

A computer device that is not part of the essential computer. It can be plugged in externally.

Input Devices

Keyboard Mouse Microphone Touchscreen Scanner

Webcam Controller

Output Devices

Monitor

Speakers

Printer

Headphones

What is a network?

Anetwork is two or more devices connected together so that they can share resources. These resources could include hardware and software, including the internet.

Anetwork can also allow for central storage of files. This means you can access your documents on any computer in school.

There are two main types of network -**Local Area Network and Wide Area**

Network. LAN: Devices connected in a small geographical area, by cables, organisation owns infrastructure.

WAN: Devices connected in a large geographical area, by telephone lines, satellites and fibre optic, organisation does not own infrastructure.

Year 7 - Computing - Introduction to Computer Systems - Knowledge Organiser



The internal hardware works together to make the computer work efficiently. We can compare this to the human body

Motherboard - A large circuit board that connects the different components together

CPU - The brain of the computer, it carries out all of the instructions of the software.





Networks can be in danger from targeted attacks or human error.

Viruses: Malicious software (or shorted to malware) designed to cause harm to a network or computer system.

Trojan Horse: Type of malware designed to access a computer by misleading users.

DDoS: Distributed denial-of-service attack is when multiple devices flood a system with traffic.

Social Engineering: Threats arise because people are a weak point. This is a way of getting sensitive information or illegal access to networks by influencing people.

Phishing: Aform of social engineering designed to get sensitive information such as usernames, passwords, card details etc. Commonly through email.



RAM - The short term memory. holds all of the instructions and data for programs that are currently running.

Hard Drive - Long term storage where data and information is stored for later use.



Power Supply - Provides power to the computer by converting AC current into DC current that is safe to use.

Storage

Data is raw fissures/text whereas information is data that has been given context.

Everything you save on a computer takes up space (storage). It is stored in 1 and 0's, EIGHT 1 & 0's is a BYTE, e.g. 10011010 could mean the letter A, or a coloured dot on the screen. Computer storage comes in many forms across 4 categories.

Optical: Data is written using a laser, laser light is used to read from the disks, i.e. CD's and DVD's. Cheap and portable but easy to break.

Magnetic: Uses disks coated with magnetic material, or magnetic tape to store data, i.e. hard disks inside PC's and external Hard Drives. High capacity, fast read/write speeds, fairly cheap, but easy to break due to moving parts, not portable if inside.

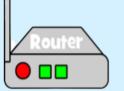
Solid State: Based on electronic circuits with no moving parts, i.e. mp3 players, smartphones, laptops, USB memory sticks and memory cards. Very fast, very portable, not easy to break, but very expensive.

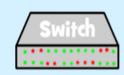
Cloud: Storing data 'online'. You can access your data anywhere, really saving it onto another computer across the world, i.e. Dropbox, Office365, OneDrive and Google Docs. Can use anytime, anywhere access, backups done for you, but no control, can be expensive.

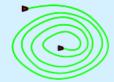
Network **Hardware**

A network requires several hardware components to function, these are the physical elements that work together to help connect a network.









Evacuation

Introducing Creating Theatre



Year 7 Drama



What will you learn?

You will understand the social and historical context of Evacuation during WW2.

You will develop knowledge of verbatim theatre and apply techniques to a devised piece.

Click the

links to read the stories

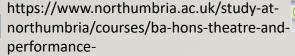
Reading

https://www.youtube.com/watch?v=H4cZa_U5cGE

https://www.amazon.co.uk/Wave-Me-Goodbye-Jacqueline-

Wilson/dp/0440871514/ref=tmm_pap_swatch_0?_encc UTF8&qid=&sr=

Education



uustpe1/?ds_rl=1265527&gclid=EAIaIQobChMI49uq0svj AIVh-

3tCh3BkwWGEAAYASAAEgJs3PD_BwE&gclsrc=aw.ds#

Careers

https://www.prospects.ac.uk/careers-advice/what-cando-with-my-degree/performing-arts

- Theatre Director
- Actor
- Broadcast Presenter



Evacuee

Memoir

Verbatim

Improvisation

Character

Performance.

Monologue

Montage

Thought Tracking







Click the link to

discover careers

inked to this topic





HERMITAGE STUDENT POD



Scan the QR code and read the memoirs in student pod.



Use these sentence starters to sound like an expert and have a postcard sent home!

What is the subject of the work?

I have used verbatim theatre as a stimulus to devise my own performance material. I did this by listening to....

What drama techniques did you use to develop your performance pieces?

 I used..... (use some of the key words to help you answer this)

1940 - 1941

Germany invaded France, the Netherlands, Belgium, Norway



27th May 1940

10th June 1940



20th September = 1940

called the Tripartite Pact, where they agreed to join forces.



15th February

1942

Japan invaded Singapore

7th December 1941

7th September

The Japanese bombed Pearl Harbour in Hawai USA. The following day, the USA joined the wa on the side of the Allies.



8th November = 1942

The Allies seized back control of North Afr

6th June 1944

Allied troops landed in northern France and began seizing control of more of europe.

30th April

1945

his underground bunker in Berlin



Axis forces and it was clear that an allied victory was only a matter of time

January 1945 -



Germany surrended to the Allies.



6th August 1945-

e USA drop atomic bombs on the Japanese cities Hiroshima and Nagasaki

VE Day (Victory in Europe Day).

8th May 1945

-15th August 1945

VJ Day (Victory over Japan Day). Japan announced they were going to surrender although their surrender wasn't official

STUDENT KNOWLEDGE ORGANISER

CAD Packages: CAD programmes come in a variety of versions to carry out different design tasks. Believe it or not PowerPoint and Word are CAD packages because you can use the design features to create documents and designs for printing. The programmes help you design something even if it is a written document. For designing objects there are different programmes. Often these files can then be sent to a machine for manufacturing.













Autodesk Photoshop

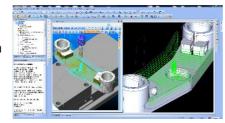
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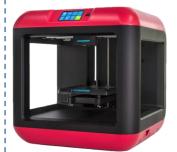
nt TechSoft 2D Design

Word

CAD

CAD is the shortened term for Computer Aided Design. Computer programmes are used to make complex models in 2D or 3D and these can be run through simulators or spun about 36Odeg to see what the design looks like.





CAM

CAM is the shortened term for Computer Aided Manufacture. Machines such as laser cutters and 3D printers follow instructions from a 3D model drawn in CAD and make the item. A 3D printer prints with softened plastic, building up layers. A laser cutter cuts material such as boards of plywood.

Materials and applications

Various materials can be cut, engraved, scored, machined or moulded using CAM. A 3D printer softens a polymer so it can then layer it in a pattern that its been programmed to follow. Over time (this can be many hours) the layers build up to the desired shape. Laser cutters can cut materials such as plywood, acrylic and some fabrics, card and paper and can engrave many of them too using a high powered laser beam. More powerful laser cutters can be used on harder materials such as metal. Vinyl plotters can be loaded with a sticky vinyl tape available in various colours. This then cuts with a blade following a 2D pattern. Some CAM machines such as printers lay ink or using cutting tools to remove material from blocks or 'billets' of material.

Papers and Boards and Timbers

Papers and boards primarily come from trees or wood pulp. Trees are debarked and then processed to make various grades of paper and board. Corrugated cardboard is often found in packages we order online. The inner layer insulates the object inside but also protects it from impact. The triangular structure inside the inner and outer layer of the card add the strength. Other boards such as foil lined board can be used for wrapping hot food.





Hardwood, Softwood or Man-made boards?

Woods can be grouped into 3. Softwoods, Hardwoods and man made boards. Softwoods are woods that come from trees that don't lose their leaves in the winter. We call these coniferous trees such as Pine or Spruce. Hardwoods come from slower growing deciduous trees such as Oak or Mahogany.

Man-made boards are woods that have been processed into flat often large sheets using waste wood material. Sometimes they are made using layers of wood which are glued and compressed together. An example would be plywood.



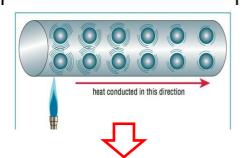
Tier 2 Vocabulary			Year 7 - Individual Voices Poetry KO			Poetry Key Terms				
Injustice	Unfair		Structural Techniques		Language Techniques		Word classes	Nouns, adje	ectives, rbs, pronouns	
Nuance	A subtle differen	ce	Rhythm	The beat of the poem	Simile	A comparison using <i>like</i> or			·	
Deplorable	Awful and immo	ral	Volta	The point in the poem where		as.	Language	by the poet	noices made and their	
Incandescent	Passionate, usua	lly angry		the mood changes	Metaphor	A comparison using is, was		effect		
Vacillate	Indecisive, move	between	Caesura	A deliberate break or pause in a		or were.	Structure	The way the	•	
Ideology	System of ideas	and ideals		metric line	Imagery	When the writer creates a mental picture or image.		order and fl	a reader, the ow	
Despicable	Deserving hatred	i	Enjambment	Sentences running on over more than one line	Personification	Giving human attributes to	Form	The physica	I layout of	
Unconscionable	Going beyond th		Stanza	A group of lines in a poem	Personnication	something non-human.		the poem, v	vhat kind of	
A.d'l	respectability &	-	Rhyme	Words that have the same	Zoomorphism	Giving animal attributes to	s to an Tone R	Refers to "t	one of voice"	
Adversity	Difficulties to fac		Kilyilie	rhyming sound		something which is not an animal.		and how a t	and how a text sounds,	
Laconic	Brief and to the	ooint	Rhyme	Patterns of rhyming words	Overmores	Oxymoron	Two words which directly		e.g. humoro	ous or serious
Terms fo	or Analysis: The	poem	Scheme		contrast, placed together.		Mood	Connected and how the		
Achieves	Advances	Affects	Meter	The pattern of stressed and unstressed syllables	Alliteration	Repeating the same letter.		respond to	texts, e.g.	
Allows	Alludes to	Builds	Free Verse	Lines of poetry that do not	Connotations Associated wor	Associated words or			.,,	
Concludes	Confirms	Conveys		follow any regular metrical		meanings.	Number o	of lines in c	or within a	
Denotes	Develops	Demonstrates		structure	Pathos	Creating a strong emotional effect.		poem		
Displays	Justifies	Exaggerates	Blank Verse	Lines of poetry that are unrhymed but follow a regular	Semantic field	A group of words related by	Couplet		2	
Encourages	Enhances	Establishes		meter	Jemanus neia	meaning.	Tercet		3	
Exemplifies	Emphasises	Explores	Repetition	Repeated words or phrases	Emotive	Language which appeals to	Quatrain		4	
Exposes	Forces	Generates	Anaphora	The repetition of words or phrases at the beginning of a line or sentence	Language	the emotions.	Quintet		5	
Highlights	Hints	Identifies			Rhetorical Question	A question which does not require an answer.	Sestet		6	
Ignites	Illustrates	Impacts	Motif	A recurring image in a poem	Imperatives	Command words which	Septet		7	
Implies	Identifies	Indicates				direct the reader.	Octave		8	

KO — YEAR 7 — FOOD SCIENCE

This term we are looking at Food Science-HOW, WHY and WITH WHAT METHOD is Food Cooked? Food is cooked using HEAT ENERGY. Transferring heat energy means moving it from one place to another:-

Conduction

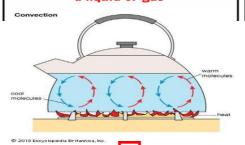
The transfer of thermal energy from one material to another by direct contact.



Using a **metal pan** on a hob con-ducts the heat. Heat energy passes through the pans conducive material by the **vibration of particles**. Hot vibrating particles collide with cold particles and pass the heat energy on. Eventually making the whole pan **HOT** and cooking the food within the pan.

Convection

The transfer of thermal energy by the circulation or movement of a liquid or gas



ove uses convection he

The kettle above uses convection heating methods. Liquid near the flame on this kettle heats up quicker. The warm liquid rises to the top and the cool liquid takes its place (goes to the bottom). This circulation is called convection currents. Convection also occurs in an oven.

Radiation

When energy is absorbed by the surface it heats the surface



Radiation is the transfer of heat energy through waves of radiation.

There is **no direct contact** be- tween the heat source and food. **Grills and toasters** use this method.

To be able to digest

(Some foods become softer like turnip, our

bodies can then digest the foods easier

absorbing more nutrients)

Why do we cook food?

To make them interesting and give variety

(Many foods can be cooked in many ways making them more interesting for us to consume).

To develop the flavours

(Chemical reactions take place during cooking that can change the flavour of the food e.g. caramelisation of apples)

To improve the shelf life

(We can preserve food during the manufac-turing process)



To make it safe to eat

(To kill harmful bacteria with high temperatures)

To improve the texture

(Some foods become softer. This makes it easier for us to swallow and chew them making them more enjoyable)

Function of making bread

Ingredient	Function
Strong flour	Has a high gluten content, gluten is a protein when mixed with water it, forms an elastic and stretchy dough. Gluten sets when cooked at high temperatures and forms the framework and shape of the bread.
Salt	Adds flavour, controls the action yeast , strengthens the gluten
Yeast	Raising agent, producing CO2 gases which makes the bread rise. Correct conditions needed to grow – food, warmth, moisture and time.
Liquid	Binds ingredients together to help the development of gluten. The liquid should be warm.

Enzymic Browning

This is the process which chemicals react with oxygen and causes a chemical reaction to occur, causing fruits and vegetables to turn brown



Can be seen in fruits and vegetables such s potatoes, lettuce, pears, bananas and grapes

Can be reduced by refrigeration, water, acidic conditions such as lemon juice and high temperatures from cooking

Shortening



This is the process which you rub together FLOUR and FAT together. This creates a waterproof coating which prevents the flour absorbing any liquid..

This process creates a short and crumbly texture. Cn be seen in products such as biscuits and pastries

Tier 3 Vocab

Dextrinisation

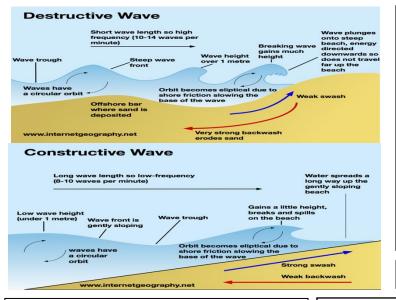
When food containing starch is heated (without the presence of water) it can produce brown compounds due to dextrinisation. Dextrinisation occurs when the heat breaks the large starch into smaller molecules known as dextrin's. Many of these dextrin's can also produce a brown colour.

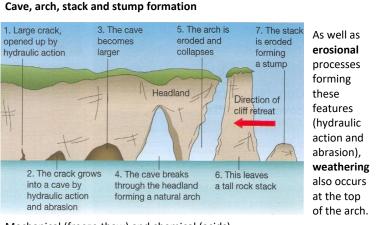
Maillard reaction

Foods which are baked, grilled or roasted undergo colour, odour and flavour changes.

This is primarily due to a group of reactions involving amino acids (from protein) and reducing sugars. This reaction is known as the Maillard reaction. This reaction can also take place in foods with high protein content, such as meat.







Causes of Coastal Erosion

Mechanical (freeze thaw) and chemical (acids).

Coasts Knowledge Organiser

Erosion - The breaking down of rocks which are then moved to another location

Hydraulic action – Force of water building up pressure **Abrasion** – Rocks scraping away at rock like sandpaper.

Attrition – Rocks in the water hit each other and break up

Solution – Chemical action dissolving rocks in water.

Weathering – Where rock is broken down in its place

Mechanical/ Physical (Freeze Thaw) - Rainwater

freezes, expands and breaks rock.

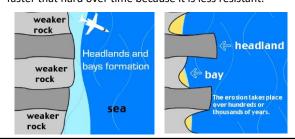
Chemical – Acid rain dissolves rock

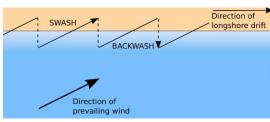
Biological - The roots of plants, split the rock apart

Deposition - When sediment is dropped.

Coast - Narrow zone where land meets the sea Constructive Waves – Gentle, low, build up beach Destructive Waves – Powerful, tall, erode beach

Headlands and Bay formation – Weaker rock erodes faster that hard over time because it is less resistant.





Longshore Drift

Waves can approach the coast at an acute angle because of the direction of the prevailing wind (SW in the UK).

The **swash** of the waves carries material up the beach at an angle

(45°). The backwash then flows down to the sea in a straight line at 90°. The Continual swash and backwash transports material sideways along the coast. This movement of material occurs in a zigzag.

Spits

A spit is formed when sediment is moved along the beach due to longshore drift, which takes the direction of the prevailing wind (SW in the UK). This works by sediment being moved up the beach by the swash at an angle and then straight back down the

beach due to gravity by the backwash. If the coastline changes direction, the sediment continues to build out into the sea to form the start of a spit. The spit will grow if the rate of deposition is greater than the rate of erosion. The end of the spit will be affected by a change in wind directions over time to form a series of 'hooks' at the end of the spit. The area behind the spit is protected from the sea and the energy is reduced. This allows deposition to occur (from coastal and river sediment) and salt from the sea to be trapped. This forms a Saltmarsh, a coastal wetland habitat for birds and marine life.

Coastal areas provide economic, environmental and recreational opportunities, which is why many people in the UK choose to live within the coastal zone. Across England and Wales, about 28% of the coastline is eroding by more than 10cm per year

Coastal erosion = The breaking down and removal of material

Rising Sea Levels - Levels are expected to increase by another 11-16cm by 2030 due to Global Warming. Storms and Storm Surges - A Storm Surge is a large scale increase in sea level due to gale

force winds (Up to 3m around the UK). **UK Weather and Climate** - Rainfall causes weathering leading to mass movement. Increased storms means higher erosion rates.

Urbanisation - Over 20 million people in the UK live on the coast. The weight of these buildings make cliffs more vulnerable

Agriculture - Farmland near the coast adds to soil erosion and the instability of the cliffs.

Industry - Industry can bring a lot of pollution which can destroy habitats. Dredging reduces natural protection.

Coastal Management

Hard Engineering - Sea Wall - Walls made of concrete or stone which reflect wave energy.

- + Very effective/ Provide a walk way along beach.
- Very expensive/ Restrict access

Rip Rap/Rock Armour – Pieced of hard igneous or metamorphic rock placed at the foot of the cliff to absorb wave energy.

- + Long Lasting/ Low Maintenance.
- High transport costs/ Unsightly.

Groynes - Walls built at right angles on beach. Reduce longshore drift by trapping sediment on one side.

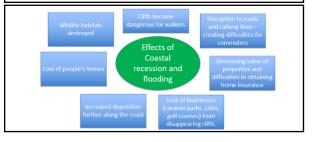
- + Widens beach/ Contributes to tourism.
- Increases erosion down coast.

Soft Engineering - Beach nourishment - Sand or shingle is added to the beach to make it higher or wider.

- + Natural/ cheap/ attracts tourists.
- Needs constant maintenance.

Managed Retreat – Coastline is allowed to change naturally, but the process is managed. Usually used on low value land.

- + Cheap.
- Land is lost/ owners need to be compensated.



<u>Vocabulary</u>	<u>Definitions</u>	<u>year</u>	· / · Elizabe	ethan Englar	<u>1a</u>	The New World: Explo	ration to the A	
Economy	The supply of money and the production of products		the 16 th Century, i	t was believed that w		brought lots of differe turkey, pineapple and a of new delicacies the E	vocadoes are a	small selection
Nobility	The rich people in England	expected that (Elizabeth would list	vn. As a female mond en carefully to her d rised many governme	advisors	Russia: The Russian Conwith Russia. The main in became a popular desti	tem traded was	fur. It quickly
Gentry	The middle class	Religion: Elizabe	eth was raised Prot	hem and refused to 1 estant and had witne her siblings. Her pre	essed the	<u>West Indies</u> : Elizabeth privateers, including Fr	n supported sev c <mark>ancis Drake</mark> ar	veral nd John
Poverty	Being poor to the point of struggling to survive	Mary I, had cho to find a balanc	inged England back ed between the tw	to Catholic. Elizabet o faiths. England ret	th wanted rurned to	Hawkins. They stole tro they were travelling to <u>India:</u> Ralph Fitch brou	the West Indi	es.
Leisure	Time not working, doing activities for fun	Governor of the		ged her title to 'Supr d' and kept crucifixes		to England in 1591. Eliz travel to India to gathe	abeth allowed r	merchants to
Elizabethan	The name given to the time period when Elizabeth I was Queen of England	<u>Inheritance:</u> Mo heir to the Engl the Pope dissolv	any Catholics did no ish throne. This is ving his first marrio	ot see Elizabeth as tl due to Henry VIII, r age. Elizabeth also in	rather than herited			
Legacy	How you will be remembered		iking it difficult to ks from France, Sci	strengthen England otland or Spain.	against	Time	7	
Empire	Land taken over and controlled by another country		Fi.		Property of the second	Leisure Time Activities were differe also for men and women form of entertainment	n!). Theatre was	s the main
Migration	Movement from one area to another	The Great Chair	n of Being was the	<mark>reat <i>C</i>hain of Being</mark> hierarchy used in thi wer and rank. A hier	is time	especially because of t Shakespeare. The The	atre was popula	ar with all social
Urban	Another term for towns and cities	medieval Christ humans, then ar	ianity with God at .	the top, then angels, then earthly mineral	then	classes, as long as they ticket prices! However, women's parts were pla	only men were	allowed to act:
Rural	Another term for the countryside	sinners in Hell. Education: Most everyday	people could not re	ad or write. Elizabet	h insisted	Bear baitingGamblingHunting	The Cloke Playboune 1599-1613 The State of	A Continued Management of the
Patriarchal	A system of society or government in which men hold the power and women are largely excluded from it	on more educati at home. Sons o educated herse <u>Houses:</u>	on for females – tl f nobles had privat lf – she could speal	ney mainly did domes e tutors. Elizabeth I k 5 different languag	itic tasks I was well ges!	JoustingTennisFootballPublic executions		
Domestic	Something which takes place or comes from inside the country, rather than from abroad	decorated. Poor	only one room, ma gings - really unhyg	rooms and servants - de of daub no floorir ienic. Wooden beams	ng, one fire,	Hardwick Hall Famous stately home nam second richest woman in I	Elizabethan Eng	land after
1558	1559	1568	1569	1585	1587	1588	1601	1603
Elizabeth inhe the English th	rits Elizabeth sets her	Mary, Queen of Scots arrives in England	First Catholic revolt against Elizabeth	Roanoke colony established	Mary, Q of Scots execute	lueen Spanish Armada defeated	Poor Law passed	Elizabeth dies. End of Tudor dynasty

Key

Year 7: Elizabethan England



Trade and exploration:





s were different for the rich and poor (and



rganisers and Knowledge questions Practice



Year 7 Topic 1 Number and Calculations Student Knowledge Organiser

Key words and definitions

Odd numbers—a number ending in 1, 3, 5, 7 or 9, can not be divided by 2

Even numbers – a number ending in 2, 4, 6, 8 or 0, can be divided by 2

Prime numbers – a number that can only be divided by 1 and itself

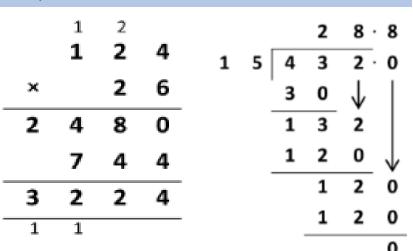
Square numbers—multiply by itself, e.g. $2 \times 2 = 4$ written as 2^2

Cube numbers – multiply by itself 3 times e.g. $2 \times 2 \times 2 \times 2 = 8$ written as 2^3

Factors – numbers which divide into another number with no remainder

Multiples – answers to times tables

Multiplication and division



Answer: 3224



Answer: 28-8

Types of numbers

Here are a list of numbers 23, 24, 27, 28, 31, 33, 34, 35

a) List the prime numbers 23, 31 Can only be divided by 1 and itself, 24, 28, 34 can be divided by 2, 27 and 33 are in the 3 times table (and others), 35 is in the 5 times table

b) Find the cube number 2' 1 x 1 x 1 = 1, 2 x 2 x 2 = 8, 3 x 3 x 3 = 27

BIDMAS - Order of operation

В	Brackets	10 × (4 + 2) = 10 × 6 = 60
I	Indices	5 + 22 = 5 + 4 = 9
D	Division	10 + 6 ÷ 2 = 10 + 3 = 13
M	Multiplication	10 - 4 × 2 = 10 - 8 = 2
A	Addition	10 × 4 + 7 = 40 + 7 = 47
S	Subtraction	10 + 2 - 3 = 5 - 3 = 2

Using a given number fact

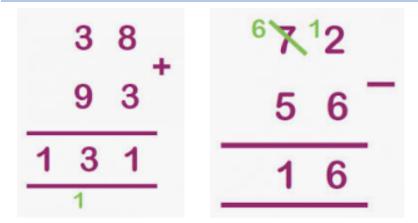
Given that 37 x 432 = 15984

3.7 x 4.32 = 19.984

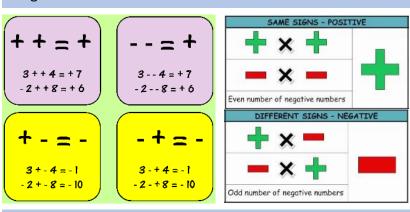
3.7 is 10 times smaller than 37, 4.32 is 100 times smaller than 432. So the answer is 1000 times smaller than 15984

 $159.84 \div 43.2 = 3.7$ Rearrange original $15984 \div 432 = 37$ 159.84 is 100 smaller than 15984, 43.2 is 10 times smaller than 432. So the answer is 10 times smaller than 37

Addition and subtraction



Negative numbers - directed



Hegarty Maths Skills Links

Addition and Subtraction	9, 18, 19, 20, 40, 41, 47

Year 7 Topic 1 Number and Calculations Practice Questions

Addition and subtraction

BIDMAS

Negative numbers

1) 34 + 57

1) $3 \times 4 + 5$ 2) $4 + 8 \times 3^2$

3) $(5+2)^2 \times 2$

1) -3 x -4

2) 237 + 645

2) -6 + -3

3) 64 – 37

3) +18 ÷ -3

4) 12 - 15 + 7

4) 6 - - 5

4) 234 – 148

5) 5 x 21 ÷ 3

1) 4.9 x 25.3

2) 490 x 2.53

3) $123.97 \div 49$

4) 1239.7 ÷ 253

Types of number

1) An odd number

4) A cube number

5) 50 x 253

Applying knowledge

5) 2.3 + 5.7

6) 5.9 - 3.6

6) $(4+2) \div (10-7)$

Given that $49 \times 253 = 12397$

Neil buys 30 pens, 30 pencils, 30 rulers and 30 pencil cases.

7) 2.45 + 4.6

Using a given number fact

6 for 82p pens 15 for 45p pencils 10 for £1.25 rulers pencil cases 37p each

Price list

8) 10 - 3.29

What is the total amount of money Neil spends?

Multiplication and division

1) 6 x 7

2) 3 x 17

The price list shows the normal price of some items in a catalogue.

3) 234 x 27

4) 2.4 x 3.57

Normal Price

5) 28 ÷ 7 6) $5096 \div 14$

£2.95 Shower gel

£3.00

£2.50

£3.50

7) 9310 ÷ 15

5) Both a cube and square number

Soap

Hand cream

Bubble bath

8) $1.24 \div 0.4$

2) A multiple of 6 6) A prime number

2 5 8 10 13 14 16 18 64 From the list of numbers find,

There is a special offer.

Work out the most money she can save.

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7) A multiple of 7 3) A square number

Joanna can buy any 3 different items from the list for a total price of £5

8) Any factors of 16

Year 7 Topic 2 Factors and Multiples Student Knowledge Organiser

Key words and definitions

Factors – numbers which divide into another number with no remainder

Multiples – answers to times tables

Prime factor decomposition – write a number as a product of its prime factors

Rounding – make a number simpler but still close to the original number

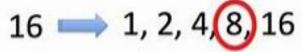
Significant figures – the importance of each single digit in a number

Approximate – estimate calculations by rounding each number to 1 significant figure first

Factors and Highest common factor

To find the factors of a number, find all of the numbers that can divide exactly into that number with no remainders

To find the HCF of two or more numbers, find the factors of each number and then find the highest number that appears in both lists



24 \(\rightarrow\) 1, 2, 3, 4, 6 (8) 12, 24

So the highest common factor of 16 and 24 is 8



Multiples and LCM

To find multiples of a number, list the answers in that ties table. To find the LCM of two or more numbers, find multiples of each number then loo for the lowest number in each list

Multiples of 3:



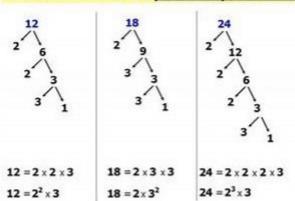
Multiples of 4:



The LCM of 3 and 4 is 12.

Prime factor decomposition

Write these numbers as a product of prime factors



Significant figures

Rounding to 1.s.f

0.3901 ≈ D.4

Approximate calculations

Round each number to 1 significant figure then calculate

$$\frac{4.1 \times 6.4}{3.25 + 4.91}$$

$$\frac{22.03 \times 38.4}{0.179}$$

Using a calculator



Be familiar with, and be able to use the following keys – this is not an exhaustive list.



Brackets keys



Change between fraction and decimal form



Fraction key



Find the square root of a number

Press to square a number

Hegarty Maths Skills Links

Factors and multiples 27, 31, 32, 33, 34, 35

Significant figures 130

Approximate calculations 131

Using a calculator 129

Product of prime factors

29,30

Year 7 Topic 2 Factors and Multiples Practice Questions

Types of numbers	Product of prime factors	Problems
Here is a list of 8 numbers. 15 16 17 18 20 22 24 29 (a) Write down a prime number	Write 28 as the product of its prime factors.	Jenny is organising a barbecue. There are 30 bread rolls in a pack. There are 16 sausages in a pack. She needs exactly the same number of bread rolls as sausages. What is the smallest number of each pack she must buy? You must show all your working.
(b) Write down a factor of 30	Write 18 as the product of its prime factors.	
(c) Write down a multiple of 3, which is even. Here is a list of numbers 6 10 11 16 24 30 40	Express 36 as a product of its prime factors.	Tom, Sam and Matt are counting drum beats. Tom hits a snare drum every 2 beats. Sam hits a kettle drum every 5 beats. Matt hits a bass drum every 8 beats. Tom, Sam and Matt start by hitting their drums at the same time. How many beats is it before Tom, Sam and Matt next hit their drums at the same time?
(a) Write down a multiple of 20		
(b) Write down a factor of 12	Express 144 as the product of its prime factors. Write your answer in index form.	Polly Parrot squawks every 12 seconds. Mr Toad croaks every 21 seconds. They both make a noise at the same time. After how many seconds will they next make a noise at the same time?
(c) Write down a prime number		

Year 7 Topic 3 Charts and Averages Student Knowledge Organiser

Key words and definitions

Primary data – data collected first hand, in a survey or experiment

Secondary data – data collected by someone else

Discrete – can only take certain values, usually something you can count

Continuous – data that can be measured, can take any value

Average – a typical value for some data, see mean, mode and median

Distribution – how data is spread out, takes account of average & range

Averages







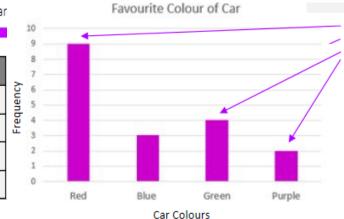
Average	Advantages	Disadvantages
Mean	Every value makes a difference	Affected by extreme values
Median	Not affected by extreme values	May not change if a data value changes
Mode	Easy to find. Not affected by extreme values. Can be	There may not be one. There may be more than one.



Tally Charts and bar charts

Complete a tally chart for the most popular colour of car Red, blue, red, green, red, purple, red, green, red, purple, green, blue, red, green, blue, red, red

Colour	Tally	Frequency	
Red	ш ш	9	
Blue	Ш	3	
Green	IIII	4	
Purple	Ш	2	



The <u>number</u> of red, blue, green and purple cars is the **frequency** (height of the bars).

IMPORTANT

The bars are the SAME width

The gaps between the bars are the SAME width

Both axes are labelled

The graph has a title





Range

Range

Largest value – smallest value

Pie chart

2	360° ÷ frequency				
	360° ÷ 72 = 5				
		_			
3	Multiply each category	x5 to find sector size			
Fish	Frequency				
Perch	10	x 5 = 50°			
Bream	23	x 5 = 115°			
Carp	39/	x 5 = 195°			
TOTAL	72	360°			
	360° ÷ <mark>72</mark> = 5				

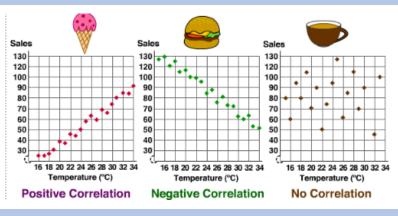
Sum (add up) the frequency

Draw an accurate pie chart to show this information

This table give information about then number of fish in a lake.



Scatter graphs



Hegarty Maths Skills Links

Averages 404, 405, 406, 407, 408, 409, 410, 413

Tally and bar charts 401, 425

Scatter graphs 453, 454

Pie charts 427, 428, 429

Year 7 Topic 3 Charts and averages Student Knowledge Organiser

Averages

- Here are fifteen numbers.
 10 12 13 15 15 17 19 20 20 20 21 25 25 25 25
 - a) Find the mode.
 - b) Find the median.
 - c) Work out the range.
- A rugby team played 7 games.
 Here is the number of points they scored in each game.
 5 8 9 12 12 16
 - a) Find the median.

The rugby team played another game. They scored 11 points.

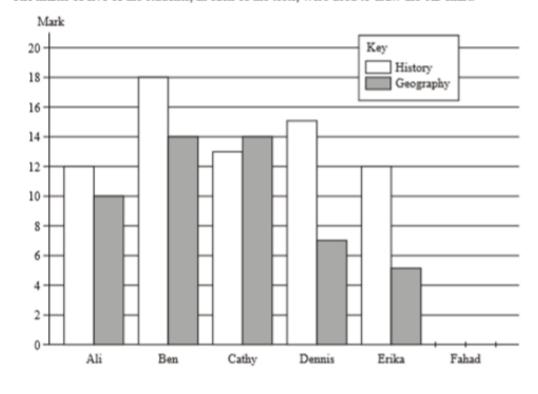
- b) Find the median number of points scored in these 8 games.
- 3) The mean of eight numbers is 41 The mean of two of the numbers is 29 What is the mean of the other six numbers?



Bar Carts

Six students each sat a history test and a geography test.

The marks of five of the students, in each of the tests, were used to draw the bar chart.



- (a) How many marks did Ali get in his history test?
- (b) How many marks did Dennis get in his geography test?
- (c) One student got a lower mark in the history test than in the geography test. Write down the name of this student.

Pie charts

Harry asked each student in his class how they travelled to school that day. He used the results to draw this pie chart.

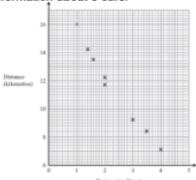


How did most of the students travel to school?

Harry asked a total of 24 students. Work out the number of students who cycled to school.

Scatter Graphs

The scatter graph shows some information about 8 cars.



What type of correlation does the scatter graph show?

......

A car has an engine size of 2.5 litres. Estimate the distance travelled on one litre.

Year 7 Topic 4 Area and Volume Student Knowledge Organiser

Key words and definitions

Area – the area of a 2D shapes is the amount of space inside it

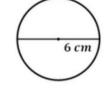
Perimeter – the perimeter is the total distance around the outside of a shape

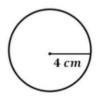
Circumference – the distance around the outside of a circle

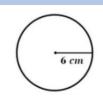
Surface area – sum of the areas of all the faces in a 3D shape

Volume – the amount of 3D space occupied by an object

Area and Circumference

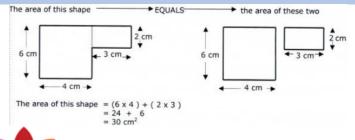






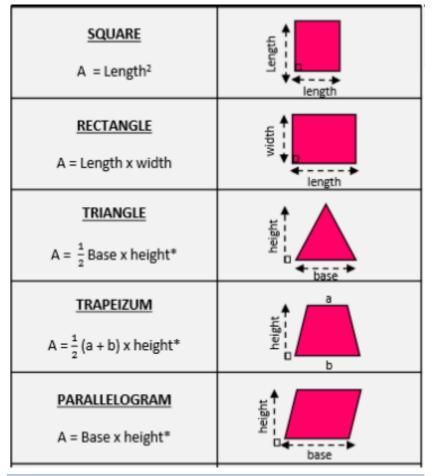
$$C = \pi d$$
 $C = 2\pi r$ $A = \pi r^2$ $= 3.142 \times 6 \text{ cm}$ $= 2 \times 3.142 \times 4 \text{ cm}$ $= 3.142 \times 36$ $= 18.85 \text{ cm}$ $= 25.14 \text{ cm}$ $= 113.11 \text{ cm}^2$

Compound area





Area

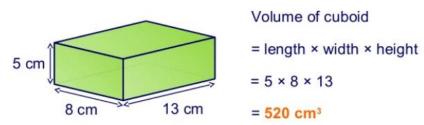


Perimeter



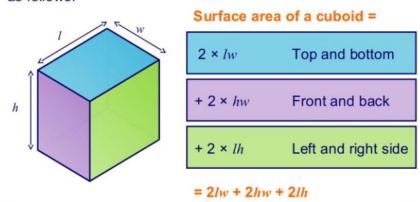
Volume of a cuboid

What is the volume of this cuboid?



Surface area of a cuboid

We can find the formula for the surface area of a cuboid as follows.



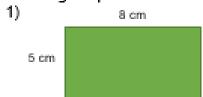
Hegarty Maths Links

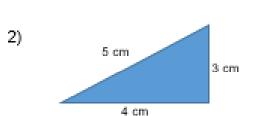
Area	553, 554, 555, 556, 557, 558
Perimeter	548, 549, 550, 551, 552
Circles	534, 535, 536, 537, 538, 539, 540,541, 542, 543
Volume	567,568
Surface area	584, 590

Year 7 Topic 4 Area and Volume Student Knowledge Organiser

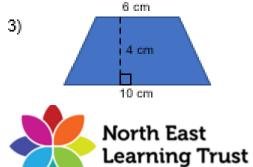
Area and perimeter

Calculate the area and perimeter of the following shapes:





Calculate the area of the following shapes:

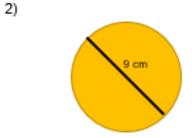


Circles

Calculate the area and circumference of the following shapes:

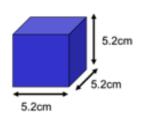
1)





Surface Area

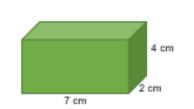
- How many vertices does a cube have?
- 2) Draw the net of a cube
- Calculate the surface area of the following:

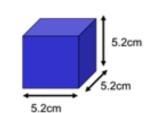


Volume

Calculate the volume of the following

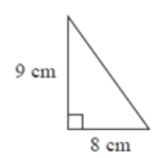


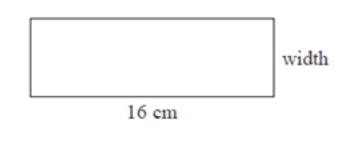




Problem Solving

Here are a triangle and a rectangle.





The area of the rectangle is 6 times the area of the triangle.

Work out the width of the rectangle.

Year 7 Topic 5 Fractions Student Knowledge Organiser

Key words and definitions

Fraction – represents part(s) of a whole

Percentage – how many parts per hundred

Equivalent – equal in value

Improper – a fraction where the numerator (top number) is larger than the denominator (bottom number)

Finding a fraction of an amount

When we work out a fraction of an amount we

multiply by the numerator and

divide by the denominator

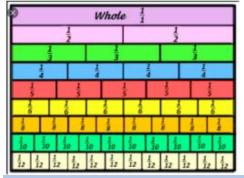
For example,

$$\frac{2}{3}$$
 of 18 litres = 18 litres ÷ 3 × 2
= 6 litres × 2

= 12 litres

Equivalent fractions

Represent equivalence with fraction walls



Equivalent fractions

Calculating with fractions

Add

Subtract

 $\frac{1}{2} + \frac{1}{3} = \frac{1 \times 3}{2 \times 3} + \frac{1 \times 2}{3 \times 2} = \frac{3}{6} + \frac{2}{6} = \frac{5}{6}$

6 is the lowest common denominator for 2 and 3

 $\frac{7x3}{8x3} - \frac{1x8}{3x8} = \frac{21}{24} - \frac{8}{24} = \frac{13}{24}$

24 is the lowest common denominator for 8 and 3

Multiply

Multiply the numerators, multiply the denominators and the then simplify if possible

Divide

$$\frac{1}{2} \div \frac{1}{3} = \frac{1}{2} \times \frac{3}{1} = \frac{3}{2} = 1\frac{1}{2}$$

Turn the 2nd fraction over (reciprocal) and change the sign to multiplication

Improper fractions and mixed numbers

How many 3's fit into 14? $4\frac{2}{3}$ $7\frac{2}{5}$ $(5 \times 7) + 2 = \frac{37}{5}$

Hegarty Maths Skills Links

Fraction, decimal, percentages 73, 74, 75, 76 **Equivalent fractions** 59, 60, 61, 62 4 operations with fractions 65, 66, 67, 68, 69, 70, 71, 72

77, 78 Fraction of an amount Improper fractions/mixed numbers 63, 64

Percentage of an amount

84, 85, 86



Year 7 Topic 5 Fractions Student Knowledge Organiser

Simplifying Fractions

Simply fully:

- 1) $\frac{10}{12}$
- 2) $\frac{25}{50}$
- $\frac{3}{300}$
- 4) $2\frac{12}{30}$

Improper Fractions and Mixed Numbers

Write as an improper fraction:

- 1) $1\frac{2}{5}$
- 2) $5\frac{4}{9}$
- 3) $11\frac{7}{10}$
- 4) $6\frac{5}{8}$

Write as a mixed number:

- 1) $\frac{12}{5}$
- 2) $\frac{45}{11}$
- 3) $\frac{90}{4}$



Calculating with fractions

Calculate and simplify:

- 1) $\frac{4}{5} \times \frac{3}{10}$
- 2) $\frac{6}{7} \times \frac{5}{6}$
- 3) $\frac{5}{6} \times \frac{10}{11}$
- 4) $\frac{4}{9} \times \frac{3}{5}$
- $5) \frac{4}{5} \div \frac{2}{3}$
- 6) $\frac{2}{3} \div \frac{4}{5}$
- 7) $\frac{1}{6} \div \frac{2}{3}$
- 8) $\frac{10}{11} \div \frac{5}{7}$
- 9) $\frac{2}{3} + \frac{1}{8}$
- $(10)^{\frac{4}{5}} \frac{1}{3}$
- $11)\frac{5}{9} \frac{4}{11}$
- $(12)^{\frac{1}{5}} + \frac{6}{11}$

Fractions of an Amount

- 1) Find $\frac{3}{4}$ of £80
- 2) Find $\frac{2}{5}$ of £24
- 3) Find $\frac{3}{10}$ of 70 litres
- 4) Find $\frac{9}{10}$ of 12 kg

Problem Solving

Danny shares a bag of 20 sweets with his friends.

He gives Mary $\frac{3}{5}$ of the sweets.

He gives Ann $\frac{1}{10}$ of the sweets.

He keeps the rest for himself.

How many sweets does Danny keep for himself?

A school has 1200 pupils. 575 of these pupils are girls.

 $\frac{2}{5}$ of the girls like sport.

 $\frac{3}{5}$ of the boys like sport.

Work out the total number of pupils in the school who like sport.

Year 7 Expressions Student Knowledge Organiser

Key words and definitions

Expression – numbers, symbols and operators grouped together

Term – number or variable or numbers and variables multiplied together

Equation – a mathematical statement that shows two things are equal

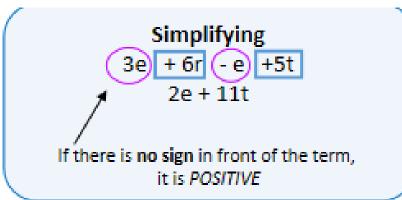
Expand – multiply to remove brackets

Factorise – the reverse of expanding, taking out a common factors

Substitution – putting numbers in place of letters

Simplify – collect like terms

Simplifying expressions



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Substitution

Evaluate 3a - 2b, for a = 10 and b = 4

$$3a - 2b$$
 (a = 10 b = 4)

$$= 3(10) - 2(4)$$

$$= 30 - 8$$

Expand a single bracket

Expanding single brackets

Common misconceptions

The last term has been added INSTEAD of multiplying.

Solve simple equations

Balancing method

Function machine method

$$8a - 5 = 11$$

 $a \rightarrow x \ 8 \rightarrow -5 \rightarrow 11$
 $2 \leftarrow \div \ 8 \leftarrow +5 \leftarrow 11$
 $a = 2$

Factorising

4x+16 4 is a factor of both 4 and 16.

$$4(x+4)$$

Hegarty Maths Links

Expression – 156, 157, 158, 159

Expand – 160, 161

Factorise - 167, 168, 169, 170, 171

Substitution - 780, 781, 782, 783, 784

Year 7 Topic 6 Expressions Student Knowledge Organiser

Simplifying

- a) 3x + 6y 4y + 2x
- b) y+y
- c) 3p x 5q
- d) pxpxpxp

Substituting

- 1) Find 3x + 5y when x = 4 and y = 2
- 2) Find abc when a = 2, b = 3 and c = 5
- 3) Find 7s 2t when s = 4 and t = -3
- 4) Find 4(2n 3) when n = 5

Expanding

- 1) 3(a + 4)
- 5(c + 6b)
- 3) 4(x 3y)
- 4) a(a + 5)
- 5) x(4y 2x)

Expanding and simplifying

1) 4(2x + 3y) + 2(x + 2y)

2) 5(a + 3b) - 3(a - b)

3) 4(x + 4) - 2x(x + 5)

Factorising

- 1) 3x + 33
- 2) 5y + 25
- 3) 4a 18
- 4) x² + 4x

Writing expressions

My age is C, write expressions for the ages of the members of my family if:

- My brother is 3 years older than me
- b) My sister is 2 years younger than me
- c) My mum is double my age

Write an **expression** for the **area** of the rectangle.



2x + 4 x + 2

Year 7 Topic 7 Fractions, decimals and percentages Student Knowledge Organiser

Key words and definitions

Fraction – represents part(s) of a whole

Percentage – how many parts per hundred

Equivalent – equal in value

Improper – a fraction where the numerator (top number) is larger than the denominator (bottom number)

Fraction, decimal and percentage equivalence

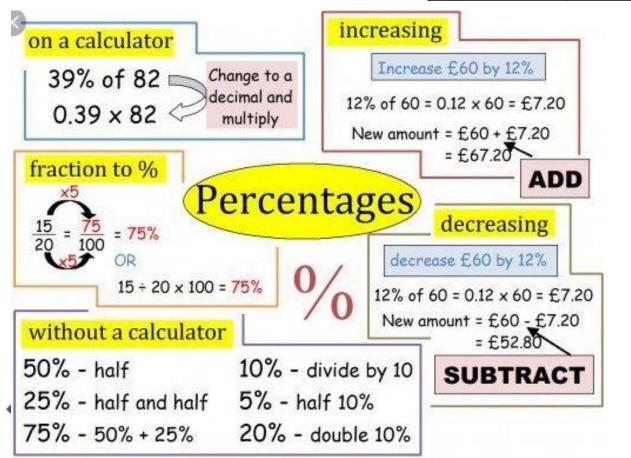
Fractions	Decimals	Percentages
1 5	0.2	20%
$\frac{3}{4}$	0.75	75%
$\frac{1}{8}$	0.125	12.5%
$\frac{1}{2}$	0.5	50%

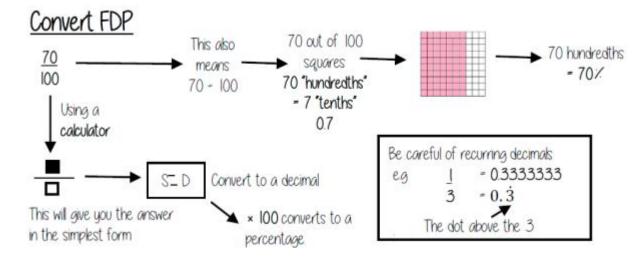
Improper fractions and mixed numbers

Improper to mixed number & visa versa

 $\frac{14}{3}$ How many 3's fit into 14? $4\frac{2}{3}$

 $7\frac{2}{5}$ (5 x 7) + 2 = $\frac{3}{5}$





Hegarty Maths Skills Links

Fraction, decimal, percentages 73, 74, 75, 76

Equivalent fractions 59, 60, 61, 62

4 operations with fractions 65, 66, 67, 68, 69, 70, 71, 72

Fraction of an amount 77, 78
Improper fractions/mixed numbers 63, 64
Percentage of an amount 84, 85, 86

Year 7 Topic 7 Fractions, decimals and percentages Student Knowledge Organiser

Equivalent fractions

1) Complete the table below.

Fraction	Decimal	Percentage
1/2		
	0.6	
		15%
1/4		

2) Would you rather have ¾, 70% or 0.72 of a pizza? Why?

Here are four numbers.

0.43
$$\frac{3}{7}$$
 43.8% $\frac{7}{16}$

Write these numbers in order of size.

Start with the smallest number.

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Percentage of an amount

1) Calculate 40% of 600 ml.

- Calculate 67% of £120.
- Bobby went to the shop and there was a 20% sale. He was going to buy a top for £24. How much does he save?
- 4) Sarah went to the shop and there was a 15% sale. She was going to buy a CD for £8. How much does she save?

Problem Solving

Shafira had collected £720 in a sponsored event.

She gave $\frac{1}{2}$ of the amount collected to her local youth club.

She gave 40% of the amount collected to a children's hospital.

She gave the rest of the money to a mountain rescue group.

How much money did Shafira give to the mountain rescue group?

What percentage of the £720 did Shafira give to the mountain rescue group?

Year 7 Topic 8 Ratio Student Knowledge Organiser

Key words and definitions

Ratio – Measuring how two quantities compare to each other in size

Proportion – comparing two or more things against the whole

Bar model – a pictorial representation of a number to help understanding

Simplify – reduce to its simplest terms

Highest common factor – the highest number that can be divided exactly in to two or more numbers

Simplify ratio

Ratios can be fully simplified just like fractions.

To simplify a ratio, divide all of the numbers in the ratio by the same number (highest common factor) until they cannot be divided any more.

Simplify: 6:12

Divide both by 6

1:2

Write in the form 1:n

When asked to write a ratio in the format 1: n, you need to divide BOTH sides by the ratio where the 1 is.

Write 7: 21 in the ratio 1: n

7:21 divide both sides by 7

1:3

Share in a given ratio

Monty and Mosaurus get A TOTAL of £72 pocket money.

They share it in the ratio 5:3 How much do they each get?

- Add the ratios: 3+5=8
- Divide 72 by 8 (72 ÷ 8 = 9) Each ONE portion is worth £9

Monty has 5 portions $5 \times 9 = £45$ Mosaurus has 3 portions $3 \times 9 = £27$

In a school the ratio of boys to girls is 9:4.

There are 270 boys in the school. How many students are there in the school altogether?

Divide the total number of boys by the boy's ratio

 $270 \div 9 = 30$

This gives the number for 1 'portion' Girls $4 \times 30 = 120$ Total = 270 + 120 = 390

c 9 people?

6 people + 3 people = 9 people

900 + 450 = 1350 a

Bar modelling

Maps and scales

Give your answers in metres.

1 cm : 12 500cm

if 100 cm is 1m

32 500cm is 325 m

32500

(a) Scale 1:12 500

sharing a quantity in a given ratio

share £20 in the ratio 3:2



Each diagram is part of a map. Find the actual distance between the two places for each map.

draw bar model showing ratio 3:2 and total length £20 find 1 part is £4 answer is £12 : £8

Exchange rates

Recipes

a 12 people

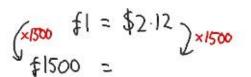
The exchange rate is:

£1 buys \$2.12

Find how many dollars (\$) can be bought for £1500

A recipe for 6 people uses 900 g of mince. How much mince is needed for

b 3 people





Hegarty Maths Links

Ratio - 328, 329, 330, 331, 332, 333, 334

Proportion – 339, 340

Recipes – 739, 740, 741, 742

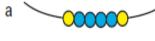
Maps and scales – 864, 865, 866



Year 7 Topic 8 Ratio Practice Questions

Simplify ratio

Write the ratio of blue beads to yellow beads for each necklace. Simplify each ratio if possible. The first one has been started for you.



blue : yellow =
$$4:2=2:\square$$



Write each ratio in its simplest form.

- a 2:20 **b** 25:5 e 8:24 f 6:10
- d 6:30 c 4:24 h 24:10 q 30:25
- i 16:6 i 40:15

Write each ratio as a whole number ratio in its simplest form.

- a 0.4:6
- b 3.5:4.2
- c 45:13.5 d 25.6:46.4

Discussion What should you multiply by if a number in a ratio has 2 decimal places?

Write each ratio as a whole number ratio in its simplest form.

- a 0.25:3.1
- **b** 1.4:0.28
- c 1.62:1.8

d 4.8:11.2

Which of these ratios are equivalent?

A 36:16

- **B** 135:60
- 28:16 D 126:56
- 49:28



Recipes

Real A recipe for six people uses four eggs. How many eggs are needed for

- a 12 people
- **b** 3 people
- c 9 people
- d 15 people?

A recipe for 4 people uses 6 eggs. How many eggs are needed for

a 8 people b 2 people d 10 people? 6 people

Scale

Write these conversions as ratios.

- a mm:cm
 - c km:m b cm:m
- d kg:g e ml: lf m:cm

Complete these conversions.

- a 9m = □cm
 - **b** 2cm = □mm
 - c $7l = \square ml$ f 30 mm = □cm
- **d** 5000 m = □ km g $12000 \,\mathrm{m} l = \prod l$
- e 200 cm = □m **h** 10 cm = □mm i 100 m = ∏km
- Complete these conversions.
- a 3.6m = □cm **b** 2.8kg = □g
- **d** 8.9kg = □g
- e 3900 m = ∏km f 630 cm = □ m

c 3.1 cm = □mm

h 8600 m $l = \Box l$ **q** 84 mm = □cm i 70 m = □cm

Sharing in a given ratio

Share these amounts between Alice and Ben in the ratios given. Show how you check your answers.

- a £21 in the ratio 2:1 **b** £45 in the ratio 2:3 c £96 in the ratio 7:5 d £28 in the ratio 4:3
- e £72 in the ratio 3:5 f £60 in the ratio 11:4

Talil is going to make some concrete mix.

He needs to mix cement, sand and gravel in the ratio 1:3:5 by weight.

Talil wants to make 180 kg of concrete mix. Talil has

- · 15 kg of cement
- 85 kg of sand
- 100 kg of gravel

Does Talil have enough cement, sand and gravel to make the concrete mix? (4 marks)

Ratio problems

question?

Real Hummingbirds eat nectar made from sugar and water in the ratio 1:4. How much water is needed for 3 teaspoons of sugar?

Real A recipe for Thai chicken uses Thai sauce and fresh ginger in the ratio 2: 1. Anna uses 4 tablespoons of Thai sauce. How much ginger does she use?

Finance / Problem-solving Harry invests some money in low-risk and

high-risk investments in the ratio 7:3. He invests £1800 into the high-risk investments.

How much money does he invest altogether?

Discussion Is there more than one way to work out the answer to this

Year 7 Topic 9 Equations Student Knowledge Organiser

Key words and definitions

Equation – a statement that two things are equal, each side of equals sign

Substitution – replacing an unknown with a number

Unknown – a number we do not know, usually shown by a letter

Solve – find the value of a variable that makes an equation true

Expand – multiply out the brackets

Inverse – doing the opposite function

Substitution

Evaluate 3a - 2b, for a = 10 and b = 4

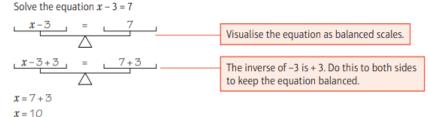
$$3a - 2b$$
 (a = 10 b = 4)

$$= 3(10) - 2(4)$$

$$= 30 - 8$$

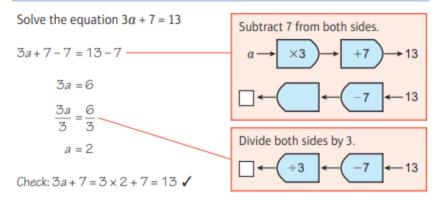


Simple equations



3 term equations

Check: x - 3 = 10 - 3 = 7

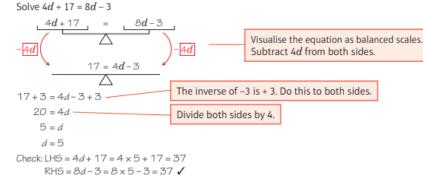


Equations with brackets

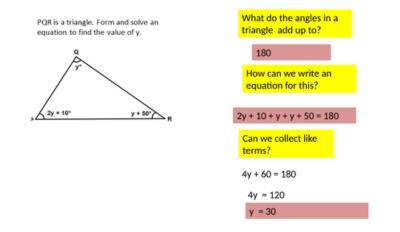
p = 2

$$2(4p+1) = 18$$
 (Use Distributive Law)
 $8p+2=18$ (Subtract 2 from both sides)
 $8p+2-2=18-2$ (Divide both sides by 8)
 $8p=16$ (Divide both sides by 8)

Unknown on both sides



Forming and solving equations



Hegarty Maths Links

Solve equations – 177, 178, 179, 180, 181, 182, 183

Solve unknowns on both sides – 184, 185, 186

Set up and solve - 176, 188

Year 7 Topic 9 Equations Practice Questions

Simple equations

Solve

a
$$\alpha + 3 = 4$$

c
$$15 = q + 4$$

e
$$11 = k - 6$$

a
$$4h = 40$$

b c - 6 = 4

d 21 + h = 23

f l-7=14

3 term equations

Solve these equations.

a
$$2\alpha + 1 = 5$$

$$3a + 2 = 8$$

e
$$7f - 12 = 9$$

g
$$3a + 1 = 8$$

i $8t + 2 = -3$

Equations with brackets

Expand and solve

a
$$5(\alpha - 5) = 70$$

$$3(d-5)=15$$

$$= 4(m-4) = 12$$

$$7(4-c) = 35$$

$$i -3(7-f) = -3$$

b
$$6(b+5) = 30$$

d
$$3(2d-5)=27$$

$$f 9(b-11) = 9$$

$$h -2(e+2) = -10$$

Unknowns on both sides

Solve these equations.

a
$$2\alpha + 9 = \alpha + 5$$
 b

b
$$8b + 9 = 3b + 14$$

e $3e = 7e - 18$

c
$$4d + 17 = 8d - 3$$

f $2h + 7 = 8h - 1$

d 6v - 7 = 3v + 7

a
$$40 - 3x = 1$$

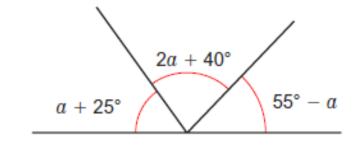
b
$$9 - 5x = 3x + 1$$

c
$$1 - 6x = 9 - 7x$$

d
$$8 + 3x = 1 - 4x$$
 e $13 - 2x = 3 - 7x$ **f** $3 - 9x = 5 - 6x$

$$f 3 - 9x =$$

Form and solve



Find the value of a.

a
$$2a + 1 = 5$$

$$3\alpha + 2 = 8$$

d
$$3\alpha + 5 = 4$$

f $-5c + 12 =$

$$f -5c + 12 = 2$$

b $2\alpha - 1 = 5$

h
$$2p - 4 = -5$$

Solve

$$\frac{3c+4}{3} = 2$$

b
$$\frac{4g-5}{5} = 3$$

$$c \frac{5g+7}{4} = 0$$

Reasoning The length of a rectangle is 3 cm greater than its width. The perimeter of the rectangle is 54 cm. Find its length.



Year 7 Topic 10 Shapes and angles Student Knowledge Organiser

Key words and definitions

Triangle – a three sided shape

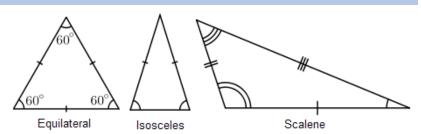
Quadrilateral – a general name for a four sided shape

Parallel lines – lines which never meet, they stay the same distance apart

Plan view – looking down on an object from above

Elevation – view from the front or side of an object

Types of triangles



Angles in parallel lines

Corresponding Angles



Corresponding angles are equal. They can be found in F shapes.

Alternate Angles

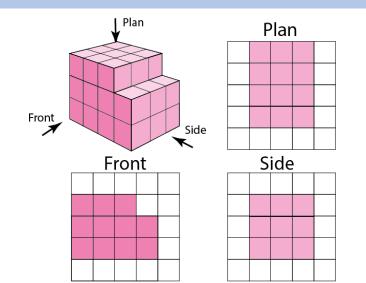
Alternate angles are equal. They can be found in Z shapes.



Types of special quadrilaterals

Quadrilateral	Properties	
Rectangle	4 right angles and opposite sides equal	
Square	4 right angles and 4 equal sides	
Parallelogram	Two pairs of parallel sides and opposite sides equal	
Rhombus	Parallelogram with 4 equal sides	$\langle \rangle$
Trapezium	Two sides are parallel	
Kite	Two pairs of adjacent sides of the same length	

Plans and elevations

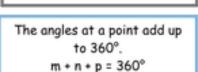


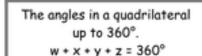
Angle facts

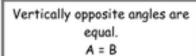
The angles on a straight line add up to 180°. a + b = 180°



The angles in a triangle add up to 180°. a+b+c = 180°



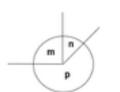




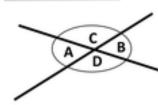
D = C











Hegarty Maths Links

Triangle - 823

Quadrilateral – 824, 825, 826

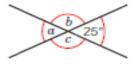
Parallel lines – 481, 482, 483

Plans and elevations - 837, 838, 839, 840, 841, 842, 843, 844

Year 7 Topic 10 Shapes and angles Practice Questions

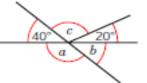
Angles facts

Reasoning Work out the angles marked with letters. Give your reasons.

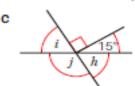


Reasoning Work out the angles marked with letters. Give reasons for your answers.

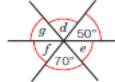


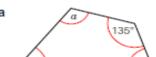


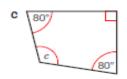


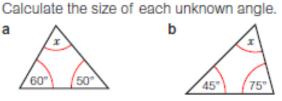


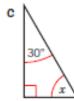










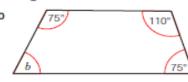


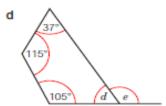
Calculate the size of each unknown angle.

Angles in triangles and quadrilaterals



Draw the plan, front elevation and side elevation of each solid on



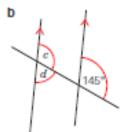


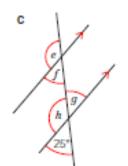
Angles in parallel lines

Reasoning Work out the angles marked with letters. Give reasons for your answers.

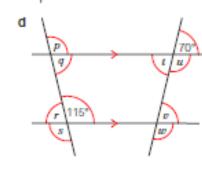






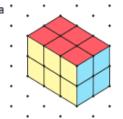


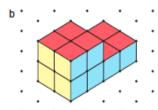
Angle problems



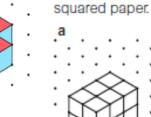
Plans and elevations

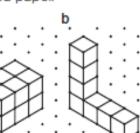
Draw the plan, the front elevation and the side elevation of each 3D solid



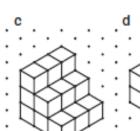




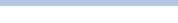




These solids are made from centimetre cubes.

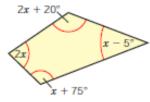






The diagram shows a quadrilateral.

- **a** Write an equation in terms of x for the sum of the angles.
- **b** Solve your equation to find the value of x.
- c Write down the sizes of the four angles in the quadrilateral.



Problem-solving In triangle ABC, ∠ABC is twice the size of ∠BAC and ∠BCA is three times the size of ∠BAC.

Work out the sizes of the three angles in the triangle.



Year 7 Topic 11 Sequences Student Knowledge Organiser

Key words and definitions

Sequence – a list of numbers or patterns in a special order

Pattern – things arranged following a rule

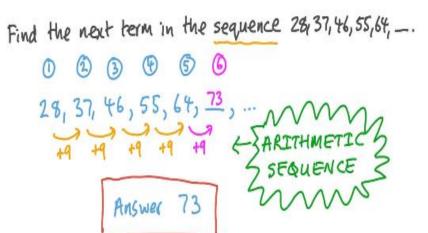
nth term – a formula to help you find any term in a sequence

Position-to-term – this is another way of saying the nth term

Term-to-term – find the next number in a sequence if you know the previous one

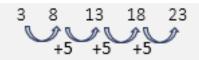
Linear – a sequence which increase/decrease by the same amount each time

Using a term-to-term rule





nth term of a linear sequence



- Find the difference between each term:
- Always put 'n' next to it (n = term number)
 5n
- Add or subtract to get the first term in the sequence?
 5-2 = 3

The nth term is 5n -2

Geometric sequence

Eg

A geometric sequence is one where to get from one term to the next you multiply by the same number each time. This number is called the *common ratio*, *r*.

2, 10, 50, 250 ...



Sequences from patterns









Shape number	1	2	3	4	5	6	7	8	9	10	50
Number of matchsticks	3	5	7	9	11	13	15	17	19	21	וטן
Function rule	Number of matchsticks = Shape number × 2 + 1										

Finding missing terms

Find the missing terms and rule for: 48, ___, 70, ___, 92

48 → 70 (2 jumps!) gives us: Add 22

So our rule for one jump is half this \rightarrow Add 11 (common diff = +11) Number after $48 \rightarrow 48 + 11 = 59$

[CHECK: 59 → 59 + 11 = 70!]

Number after 70 → 70 + 11 = 81

Hegarty Maths Links

Pattern – 196

Term-to-term – 197

nth-term - 198

Geometric sequences – 264

Year 7 Topic 11 Sequences Practice Questions

Term to term rules

Write down the next two terms in each sequence.

- a 1.5, 2, 2.5, 3, ,
- b $-\frac{2}{3}, -\frac{1}{3}, 0, \frac{1}{3}, \square, \square$
- c 3.5, 2.7, 1.9, 1.1, , d -1.5, -2.5, -3.5, -4.5, ,
- e $\frac{3}{5}$, $-\frac{1}{5}$, -1, $-1\frac{4}{5}$, , f -10.6, -9.9, -9.2, -8.5, ,

Use the first term and the term-to-term rule to generate the first five terms of each sequence.

- a start at 3 and add 0.4
- b start at 10 and subtract 0.2
- c start at 7 and add 3

- d start at 7 and add 2
- e start at -3 and add 2
- f start at -7 and subtract 5

In a Fibonacci sequence, the term-to-term rule is 'add the two previous terms to get the next one'. Write the next 3 terms in each Fibonacci sequence.

- a 1, 1, 2, 3, 5, ...
- **b** 3, 3, 6, 9, 15, ...
- **c** 5, 5, 10, 15, 25, ...

Patterns

Here are some patterns made from white centimetre squares and grey centimetre squares.

- a Draw pattern 4.
- b Find the number of grey squares in Pattern 6.

A pattern has 20 grey squares.

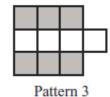
c Work out how many white squares there are in this pattern.



Pattern 1



Pattern 2



(4 marks)

Patterns and nth term

Here is a pattern made from dots.



- a Draw the next pattern in the sequence.
- b Copy and complete this table for the numbers of dots used to make the patterns.

Pattern number	1	2	3	4	5	6
Number of dots						

- Write, in terms of n, the number of dots needed for pattern n.
- d How many dots are needed for pattern 30?

(5 marks)

nth term

Find the *n*th term for each sequence.

- a 2, 5, 8, 11, 14, 17, ... b 2, 6, 10, 14, 18, 22, ...
- c 2, 7, 12, 17, 22, 27, ...
- d 5, 7, 9, 11, 13, 15, ... e 19, 17, 15, 13, 11, 9, ...

f 20, 18, 16, 14, 12, 10, ...

Q6a hint Work out

the *n*th term

n - = 50

For each sequence, explain whether each number in the brackets is a term in the sequence or not.

- a 2, 5, 8, 11, 14, ... (50, 66)
- **b** 5, 8, 11, 14, 17, ... (50, 62)
- c 1, 5, 9, 13, 17, ... (101, 150)
- d 4, 9, 14, 19, 24, ... (168, 169) n =
- e 40, 35, 30, 25, 20, ... (85, 4)
- f 5, 11, 17, 23, 29, ... (119, 72)

Using the *n*th term given, find the 20th term.

- a 2n
- **b** 3n + 1
- c 11 3n
- 07 hint Use a function machine to help you visualise.

Q9 hint

Solve nth term = 100

Find the *n*th term for each sequence. Use it to work out the 10th term.

- **a** 1, 3, 5, 7, ... **b** 3, 6, 9, 12, ... **c** 10, 8, 6, 4, ...
- d 3, 7, 11, 15, ...

Find the first term over 100 for each sequence.

- a 9, 18, 27, 36, 45, ...
- **b** 7, 10, 13, 16, 19, ...
- c 4, 9, 14, 19, 24, ...
- d 10, 15, 20, 25, 30, ...



Year 7 Topic 12 Graphs Student Knowledge Organiser

Key words and definitions

Co-ordinate – values that show an exact position. First number tells you how far along, second number how far up or down

Mid points – a point that divides a line segment in two equal parts

Straight line graphs – plotting a constant rate of change between two variables

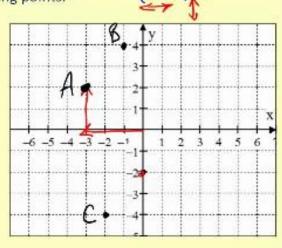
Distance-time graphs – describes a journey where the gradient will give the speed.

Plotting co-ordinates

Plot the following points.

(x,x)

- 1. A(-3, 2)
- 2. B(-1,4)
- 3. C(-2,-4)
- 4. D(0,-2)
- 5. E(3,0)

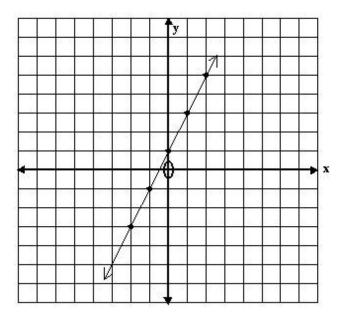


Drawing a straight line graph

e.g.
$$y = 2x + 1$$

x	2x + 1	У	
-2	2(-2) + 1	-3	
-1	2(-1) + 1	-1	The points to plot are:
0	2(0) + 1	1	 (-2,-3) (-1,-1) (0,1)
1	2(1) + 1	3	(1,3) (2,5)
2	2(2) + 1	5	3.6.6.3.6.6
*		*	

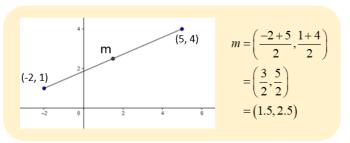
Choose values for x. `Calculated y values



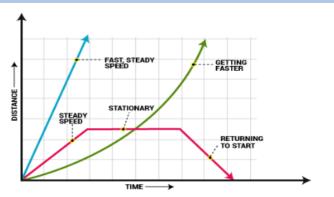
Finding a mid-point

Midpoint Formula

$$\mathsf{Midpoint} = \left(\frac{x_1 + x_2}{2}, \frac{y_1 + y_2}{2}\right)$$



Distance time graphs



Hegarty Maths Links

Co-ordinate - 199

Mid points - 200

Straight line graphs - 201, 205, 206, 207

Distance-time graphs – 874, 875, 876



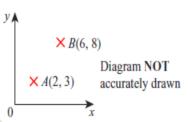
Year 7 Topic 12 Graphs Practice Questions

Coordinates and midpoints

Reasoning a David uses this rule to generate coordinates.

The x-coordinate is always 1, no matter what the y-coordinate is. Which of these coordinate pairs satisfy David's rule? (1, 5), (5, 1), (1, 1), (-1, 3), (1, 0), (1, 4), (3, 1), (1, 2)

- b Draw a coordinate grid from -5 to +5 on both axes. Plot the points from part a that satisfy David's rule. **Reflect** What do you notice about the points you have plotted?
- Charlie uses this rule to generate coordinates. The x-coordinate is always 3, for any y-coordinate. Charlie generates the coordinates (3, 0), (3, -2), (3, 4) and (3, 2).
- Where do you expect these points to be on the grid?
- d Plot the points on the same grid. Were you correct?



The point A has coordinates (2, 3).

The point B has coordinates (6, 8).

M is the midpoint of the line AB.

Find the coordinates of M. (2 marks)

June 2014, Q1, 1MA0/2H

Work out the midpoints of the line segments with these start and end points.

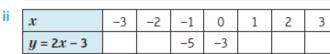
- a (3, 5) and (7, 9)
- **b** (2, 7) and (5, 10)
- (-3, 4) and (1, 6) d (-2, -5) and (0, 3)



Straight line graphs

a Copy and complete the tables of values for these straight-line graphs.

i	\boldsymbol{x}	-3	-2	-1	0	1	2	3
	y = x + 1			0	1			



b Draw a coordinate grid with -3 to +3 on the x-axis and -8 to +8 on the y-axis.

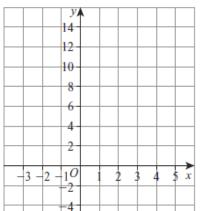
Draw and label the graphs of y = x + 1 and y = 2x - 3, using your tables of values from part a.

Draw and label these straight-line graphs for x = -3 to +3. Copy the coordinate grid from Q6. Draw all four graphs on the same grid.

- a y = 3x 2
- **b** y = 2x + 4
- y = 4x 6
- d y = 0.5x + 1
- a Complete the table of values for y = 2x + 2

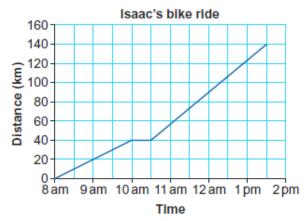
х	-2	-1	0	1	2	3	4
у	-2				6		

b On the grid, draw the graph of y = 2x + 2(4 marks)



Distance time graphs

This distance-time graph shows Isaac's journey on his bicycle



- How far did Isaac ride his bike on the first part of the jour
- At what time did he stop to rest?
- How long did the first part of his journey take?
- What was his average speed on the first part of the journ
- How many minutes did Isaac rest for?
- How long did the last part of his journey take?
- How far did he ride on the last part of the journey?
- h What was his average speed for the last part of the journ

Musical Theatre - Context and Background Facts



Musicals use singing, dancing, and talking to tell stories. They are meant to be entertaining and are usually lighter and funnier than opera. They have easy melodies – audiences could sing along.

They usually have an orchestra to accompany the singers, but many musicals today also have rock instruments such as electric guitars, synthesisers and drumkits.

Early musicals were influenced by jazz and swing music while lots of musicals from the 1970s onwards used rock music.

The types of musicals that are around today began in the 1920s and developed into the 21st Century.



The genre started out on <mark>Broadway</mark>, a famous theatre street in New York. Later ones were shown in London's West End.

Some songs from Musicals have hit the charts such as Evita's "Don't Cry For Me Argentina" and "Memory" from Cats.

Many musicals have been made into popular musical films; The Sound of Music, Hairspray, Grease, Billy Elliot, Mamma Mia and Les Miserables, Rent, Annie and West Side Story are just a few.

Musicals are usually written in the styles of the popular music that is around at the time. For example, Hamilton, which premiered in 2015, draws on elements of hip hop, as well as R&B, pop, soul, and traditional-

style show tunes

Types of Musicals:







Book Musical (A musical with a story), Concept Musical (the idea or concept is more important than the plot - A Chorus Line), Jukebox Musical (Popular songs by one artist; We Will Rock You, Mamma Mia), Rock Musical (uses rock music).

MUSICAL

THEATRE Knowledge Organiser

Voice Types

There are 4 main different voice types we need to be able to recognise. Each voice type is based on how high or low the singer can sing.

Soprano - a HIGH female voice.



female voice.

Tenor - a HIGH male voice



Bass - a LOW male voice.

Song Types found in Musicals

Solo: A solo is a song sung by only one character. Solo songs are often deeply meaningful and give an insight into what the character is thinking and feeling in the moment.



Duet: Duets are songs sung by 2 characters. These often include vocal harmonies and question and answer phrasing to suggest a certain relationship or conversation between the two characters.

Chorus: Chorus songs are often (but not always) the big, catchy songs that show what the musical is about. These are usually sung by the chorus in the show or, quite often, everyone in the cast. Chorus numbers often open or close the different acts and show major changes that affect a large number of characters.

Ensemble: Ensemble songs are usually sung by a group of the main characters. The group size can range anywhere from 3 to about 10 singers. Often different characters will have solo lines within the song, but the whole ensemble will come together to sing the chorus.

Singing Techniques

There are also various singing techniques.
Two are most used in musicals; these are:

Falsetto – A man adapting his voice to sing higher than his normal range.

Belting – A forced style of singing that gives power and a fuller sound to the note.

Key Words

Dance Break; included in a song for a dance routine, Libretto; the words and lyrics to a musical, Word Painting: Often used where the music reflects the words.

Sung-Through: A musical where all he dialogue is sung. (eg. Miss Saigon)

Hook: a line of the song that sticks in the audience's head. Triple Threat: Someone who can sing, dance and act. Overture: The music to open the show, often a mix of the best songs in the show.

Important Composers and their Musicals: Gilbert & Sullivan 1842-1900 (The Mikado, HMS Pinafore), Cole Porter 1891-1964 (Anything Goes, Kiss Me Kate), Rodgers & Hammerstein 1895-1960 (Sound of Music, Oklahoma, Carousel), Leonard Bernstein 1918-1990 (West Side Story) Stephen Sondheim 1930 (Sweeny Todd, Into the Woods), Jerry Herman 1931-2019 (Hello Dolly), Schonberg & Boubill 1941 (Les Misérables, Miss Saigon) Andrew Lloyd Webber 1948 (Joseph & the Amazing Technicolor Dreamcoat, Evita, Cats, Phantom of the Opera) Alan Menken 1949 (Little Shop of Horrors) Stephen Schwartz 1948 (Godspell, Wicked).



Key Vocabulary

- Hitting Throwing Catching Base running Fielding Pitching
- Pitcher Catcher Base fielder Deep fielder Short stop Innings
- Home run Foul area Outfield Dead ball area Tied game

Lesson Overview

- 1. Aim of the game 2. Rules of the game
- 3. Basic softball skills 4. Positions/playing area
- 5. Throwing7. Batting8. Catching

Softball

KS3 Knowledge Grid

Aim of the game

The object of softball is to hit the ball with a bat and try to run around a pitch with four bases. Once a player manages to get right round without being given out, a run is scored. The team with the most runs at the end of the game is deemed the winner.

Rules of the game

- Each team consists of 9 players and teams can be of mixed gender
- A game lasts for 7 innings and is split into two sections; the top and bottom of the innings.
- Each team bats once in each innings before the sides switch.
- The fielding team has a pitcher, catcher, a player on first base, second base, third base, three deep fielders and short stop.
- A batter must successfully strike the ball and run around as many bases as possible. Once they get all the way around and back to home plate without being given out, a run is scored.
- The fielding team can stop the batter by making them miss the ball, catching the ball, tagging one of the bases before they reach it or tagging the batter whilst they are running with the ball in hand.
- Behind the first and third base line is a foul area. Once the ball
 crosses this line before it bounces the ball is deemed 'dead' and play
 restarts with a new pitch.
- A home run can be scored by hitting the ball over the outfield and into a dead ball area. The batter can then stroll around the bases to score along with any additional batters on base.
- The winners of the game will be decided after the 7 innings have all been completed. The team with most runs after 7 innings will be declared the winner. If after 7 innings the game is tied, then an extra innings will be played until a winner is found

Playing Positions and basic skills

Basic softball skills:

HITTING – The batter will swing the bat and aim to strike the ball that is pitched from the mound

THROWING – Fielders will throw the ball to where it is needed in an attempt to get the batters out

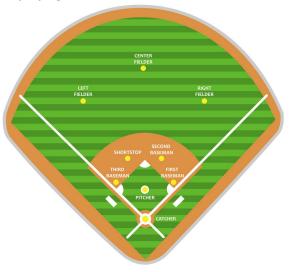
CATCHING – Fielders have will either catch a ball that is hit by the batter or that is thrown by a fielder

BASE RUNNING – Batter will run as fast as they can in between the bases

FIELDING – The aim is to get the batting players out by catching the ball after it is hit, or by touching a base with the ball before they reach it.

PITCHING – A method of throwing the ball at the batter waiting to hit

Fielding positions and playing area:



Physical Education Department – Knowledge organiser – Athletics year 7, 8 and 9

Track

Sprint – 100m, 200m and 400m. The aim is to finish in the quickest time. 100m is a straight run. 200m includes a bend and you have a staggered start. 400m is one full lap of an official sized track and you have a staggered start. For all sprints you MUST stay in your lane. Sprinting technique – Keep your body straight and your head still. Keep the shoulders low and relaxed. Run tall with high hips and knees. Drive the elbows back hard. Drive the knees forward. Cycle the foot quickly under your body. Drive the foot down to the ground and pick it up fast. In the 200m and the 400m allow your body to naturally lean in to the curve.

Sprint crouch start

'ON YOUR MARKS' – Place your hands slightly wider than shoulder width apart, behind the line. Elbows straight but not locked. Form a bridge with your hands. Place the knee of the back foot level or just in front of the toe of the front foot. Place the toe of the front foot 30-50cm back from the line. To mark it out – make an 'L' make a 'T' and place the knee in line with the heel.

'SET' – Shoulders should be above or slightly ahead of the hands. Raise your hips slightly higher than the shoulders. Bend the legs – front leg about 90 degrees, rear leg about 120 degrees. Keep still. **'GO'** – Drive the rear knee forward, keep low. Bring the foot quickly down to commence the second stride. Drive the arms hard in opposition to the legs. Fully extend your driving leg and hip, knee and ankle.

Distance Running – **Middle** 800m and 1,500m

Long distance - 3000m 5000m and 10,000m

Running technique – Swing your arms in a balanced, relaxed and symmetrical manner. Run with rhythm and relaxation. Run with hips high. Look ahead, keeping your head aligned with your body.

Field

<u>Jumping</u> – Long jump, triple jump, high jump, pole vault. The aim is to jump as high or far as possible.

Long Jump – The toe of the jumper's shoe, must be behind the leading edge of the take-off board. Long jumpers are measured from the forward edge of the take-off board made by any part of the body of the jumper. Take-Off – Sprint as fast as you can towards the marker. Keep your hips high at take-off. Fully extend hips, knee and ankle. Keep your body upright. Drive the free knee up and forwards. Drive the take-off foot down and back.

<u>Flight</u> – Bring arms above head. Keep body upright. Hold the thigh **parallel** to the ground during flight.

<u>Landing</u> – Arms reach for toes just before landing. Reach legs out in front at landing. Bring legs forward and together. Land with heels first, bend knees to absorb momentum. Collapse body forward or sideways.

Triple jump- Use a **Hop**, a **step** and a **Jump**. The triple jump has 5 phases – Approach, hop, step, jump and landing. Throughout the jump keep the head and hips high, and your body upright. Aim for an active flat foot landing. Feel a fast bouncing action. Keep an even rhythm throughout each jump phases.

High Jump – The objective of the high jump is to clear a bar supported on uprights having taken off from one leg. Aim to achieve maximum height at take-off.

Technique – Scissor jump – Progress to Fosbury flop.

A jumper taking off from their left leg should approach from the right. A jumper taking off from their right foot should approach from the left.

Scissors – Approach – run in an angle of 30 degrees as fast as you can towards the bar.

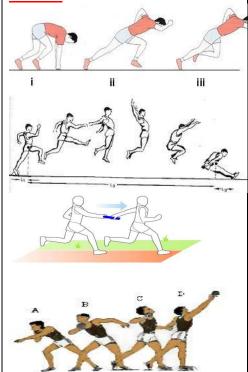
<u>Take-off</u> – Drive the leg closest to the bar up and over the bar, keep it bent. Keep the head and upper body upright. Fully extend the take-off leg at the hip, knee and ankle.

Landing – Take-off leg follows to complete the jump.

Glossary

Take-off Landing Approach Putt Reaction Speed Fosbury Flop Drive Vortex Balance Co-ordination Baton Hurdles Sprint Endurance Steeplechase Relay Change-over Power Hurdles Rotation Discus Javelin Shot Glide Stride Posture

Pictures







St Edmund Campion Physical Education Department - Knowledge organiser - Athletics year 7 and 8

Breath naturally, keeping your shoulders relaxed. Keep your shoulders and hips as relaxed as possible. Pick the heel up and swing the knee forward.

Start – Standing start is used. Foot up to the line. Start in a lane but then cut in (move) to the inside lane (lane 1) after the first bend.

Relay

4x100m – 4 runners, who each run 100m

4x400m – 4 runners, who each run 400m

Runner 1 starts with the baton who runs to runner 2 where the baton is exchanged, who runs to runner 3 ad exchanges the baton, who runs to runner 4 and exchanges the baton, who finishes the race. The passing of the baton is called the changeover'. If you drop the baton or move out of your lane at any point during the race your team is disqualified. You must complete the changeover in the changeover box.

How to pass the baton

- 1. **Up-Sweep** the incoming runner passes the baton **up** into the outgoing runner's hand.
- Down-Sweep receiving arm extended, but the hand level is just above hip height. Hand is almost like a 'V', and the baton is ready for landing between the thumb and first finger.
- 3. **Push Pass** The arm is extended out parallel to the ground and the hand is open with the **thumb pointing down**

Change over – If the first runner has the baton in their right hand, they must stay on the inside of the lane at the exchange. 2nd runner takes the baton on the left hand and stays on the outside for the exchange. The 3rd runner takes the baton on the right hand. Runner 4 takes the baton on the left hand and stays on the outside of the lane when receiving. You are allowed to switch hands after receiving the baton.

Fosbury Flop – Approach – use a J shaped run up as fast as you can. Run tall with the trunk upright. Take-off – drive the inside knee upwards – keep it high after take-off. Drive vertically at take-off. At take-off extend fully at hip, knee and ankle. Landing – Push hips upwards to 'arch' over the bar. Lift the legs clear of the bar and land safely with the mid-upper back touching down first. Clearance should occur over the middle of the bar. Throwing – Shot, discus, javelin and hammer. The objective is to throw each implement as far as possible.

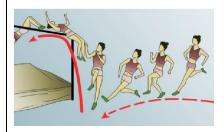
Grip – clean palm dirty neck – Rest the shot at the base of the first 3 fingers of your throwing hand. Hold the shot under the chin, against the neck with the elbow raised. Keep the wrist firm. Keep the throwing elbow high throughout the movement. Turn the shoulders away from the direction of the throw. Split stance. Front foots heel should be in line with the back foots heal. Both legs bent with the weight on the ball of the front foot. Drive the hips forwards and upwards before release. Throwing arm pushes long and high after a full extension of the legs and trunk.

Javelin – Standing throw (see pictures) – Hold the javelin back with an extended arm and palm high. Extend the right leg at the knee and ankle to drive the hip forward over a straightened left leg. After the hip drive pull the javelin through with the elbow close to the ear. Opposite foot forward (left foot forward for right handed thrower). Stand with feet shoulder width apart, the left foot pointing forward.

Discus – Standing throw – **Grip** – Rest the discus across the finger pads, spread fingers. **Preparation** - Swing the discus back behind the right hip and behind the right leg. The toe on the left foot is in line with the heel of the right. Stand side on to the direction of the throw, with feet just over shoulder width apart. Keep the weight over the rear leg as long as possible. **Release** – keep the hand on top of the discus. Keep the arm long and relaxed. After the hip drive pull the arm through fast and last. Lead with the thumb, drive the hips forward.

Javelin change over





E AMERICAN GRIP

The thumb and the first tw joints of the index finger

The thumb and the first two joints of the index finger are behind the cord, while the index finger supports the shade finger assists rotation of the laweling during.



THE "V"- GRIP

rst two The javelin is held between the tender and middle fingers behind the cord. The position of the fingers assists the throwing arrassists the during the approach.



Stander, 200

Key Words!

Knowledge Organiser - Year 7 - Relationships in an Ecosystem

Flower <u>St</u>ructure

Food web: Shows how food chains in an ecosystem are linked.

Food chain: Part of a food web, starting with a producer, ending with a top predator.

Ecosystem: The living things in a given area and their non-living environment. Environment: The surrounding air, water and soil where an organism lives.

Population: Group of the same species living in an area.

Producer: Green plant or algae that makes its own food using sunlight.

Consumer: Animal that eats other animals or plants.

Decomposer: Organism that breaks down dead plant and animal material.

Pollen: Contains the plant male sex cells found on the stamens.

Ovules: Female sex cells in plants found in the ovary.

Pollination: Transfer of pollen from the male part of the flower to the female part.

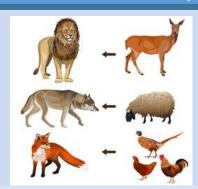
Fertilisation: Joining of a nucleus from a male and female sex cell.

Seed: Structure that contains the embryo of a new plant.

Fruit: Structure that the ovary becomes after fertilisation, which contains seeds.

Carpel: The female part of the flower, made up of the stigma, style and ovary.

Predators and Prey



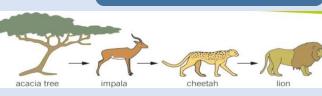
A predator is an animal that hunts, kills and eats other animals Predators have evolved a variety of physical adaptations for detecting, catching, killing, and digesting prey. These include speed, agility, stealth, sharp senses, claws, teeth, filters, and suitable digestive systems.

Prey is a term used to describe organisms that predators kill for food.

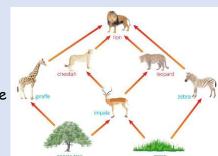
Many prey animals have developed different adaptations to protect themselves from becoming another animals dinner. Camouflage, highly developed senses, warning signals, and different defensive weapons and behaviours are all used by prey animals for survival.

A food chain is a list of organisms in a that shows their feeding relationship, i.e what eats what. Afood chain always starts with a **producer**, an organism that makes food. This is usually a green plant, because plants can make their own food by **photosynthesis**, using light energy from the Sun.



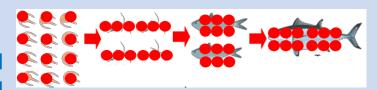


The arrows of a food chain show the flow of energy. Energy is transferred to the surroundings by heating and as waste products. This means that at each level of the food chain, less energy is transferred to the organism in the food chain. Most **populations** of organisms that live in a habitat usually have more than one food source. They usually consume more than one organism. This means that there are almost always more than one food chain and these are interlinked into a food web

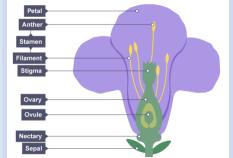


Bioaccumulation

Bioaccumulation is the build-up of poisons along a food chain



Toxic chemicals such as mercury and DDT **accumulate** in the food chain and damage the organisms in it, particularly in the predators at the end of the chain. This is because accumulating compounds cannot be excreted.



The flower is the reproductive part of the plant.

Petal: May be brightly coloured to attract insects

Anther: Produce male sex cells (pollen grains)

Stamen: The male parts of the flower (anther and

Stamen: The male parts of the flower (anther and filament)
Filament: Thread like structure that supports the anther
Ovary: Produces the female sex cells (found in the ovules)
Ovule: Female gamete, this turns into a seed if fertilised
Nectary: Produce a sugary solution called nectar

Sepal: Protect the unopened flower

Pollination

Pollination is when pollen grains from the anther of one flower move to the stigma of another. Flowers can be pollinated by insects or wind. We depend upon insects for many of our crops. Without them the security of our food would be threatened. Plants that are pollinated by the wind have different features to those that are pollinated by insects.

Insect pollinated flowers are:

- Brightly flowers scented with nectar to attract insects
- Sticky pollen grains so it sticks to the insect.
- Anther inside the flower, brushes against the insect.
- Sticky stigma to allow pollen to attach.

Wind-pollinate flowers are:

- Small, often dull green or brown, no scent or nectar.
- Pollen grains are smooth and light so they can be carried by the wind.
- Anthers outside of the flower to release pollen.
- Stigmas outside of the flower to catch pollen.

1) Pollen lands on the stigma of a flower of the same species.

A pollen tube grows from the stigma to the ovary.

Fertilisation

- 2) The nucleus of the pollen grain passes through the pollen tube and joins with the egg cell inside an ovule in the ovary..
- 3) The fertilised egg cell develops into an embryo, the ovules become seeds and the ovary wall becomes the rest of the fruit.

Seeds and Germination

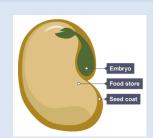
Seed Dispersal

Plants have to compete for factors such as; light, water, space and minerals.

So that parent plants do not have to compete with their offspring their seeds must be dispersed (spread out). Seeds can be dispersed by:

- Wind. They have lightweight parts, wings or parachutes
- Animals (outside). Sticky or hooked fruit attach to fur.
- Animals (inside). Animals eat the fruits of plants. The seeds travel through the digestive system undamaged. When an animals excretes faeces the seed enters the soil.
- Self-propelled. Pods containing

 seeds burst open





A seed has three main parts:

- embryo the young root and shoot that will become the adult plant
- food store starch for the young plant to use until it is able to carry out photosynthesis
- seed coat a tough protective outer covering

Germination

When a seed starts to grow it is called germination. A seed needs three things to germinate:

- 1. Water: the seed swells and the embryo grows.
- 2. Oxygen: used for respiration, providing energy.
- 3. Warmth: speeds up reactions in the plant, speeding up germination.

How to use your knowledge organiser

Read through and highlight:

- what you already know
- cognates



Choose a section to revise:

- foldy sheet
- flashcards
- mindmap
- look-coverwrite-check
- make your own quiz

Test yourself!

Fill in a blank copy of the section you chose.

- Spanish –
 English
- English to Spanish

Go back to step 2 and repeat with the next section.



Finally, read through the model task.

Copy each section and adapt the text by changing key words.



Student Knowledge Organiser 7.5 – Vivo Aquí

Buildings



Key Questions	
¿Dónde vives?	Where do you live?
¿Qué hay en tu pueblo?	What is there in your town?
¿Qué se puede hacer en?	What can you do in?
¿Te gusta tu pueblo?	Do you like your town?

hay	there is/are
tiene	it has
un aeropuerto	an airport
un banco	a bank
un castillo	a castle
un centro comercial	a shopping centre
un cine	a cinema
un estadio	a stadium
un hotel	a hotel
un instituto	a secondary
un lago	a lake
un mercado	a market
un museo	a museum
un parque	a park
un puerto	a port
un restaurante	a restaurant
un supermercado	a supermarket
una biblioteca	a library
una estación	a station
una fábrica	a factory
una iglesia	a church
una piscina	a swimming pool
una plaza	a square
una tienda	a shop
una torre	a tower

Edificios

¿Dónde está?	Where is it?
está	it is (location)
en España	Spain
en Inglaterra	England
en Sudamérica	South America
en el este	the east
en el norte	the north
en el oeste	the west
en el sur	the south
en el centro	the centre
en el campo	in the countryside
en las afueras	in the suburbs
en la ciudad	in the town
en la costa	on the coast

¿Dónde está?	Where is?
sigue todo recto	keep straight on
dobla a la derecha	turn right
dobla a la izquierda	turn left
toma la primera a la derecha	take the first right
toma la segunda a la izquierda	take the second left
cruza la plaza	cross the square
está a la derecha	it's on the right
está cerca	it's near
está lejos	it's far
está entre el café y el parque	it's between the café and the park

¿Cómo es?	What's it like?
es	it is
animado	lively
antiguo	old
bonito	pretty
enorme	enormous
feo	ugly
histórico	historic
industrial	industrial
limpio	clean
moderno	modern
peligroso	dangerous
pobre	poor
sucio	dirty
tranquilo	calm

	210
Connectives	Wolf
con	with ******
donde	where
que	which
sin embargo	however
porque	because
pero	but

Intensifiers		Warz
bastante	quite	
muy	very	•
pero	but	
también	also	
un poco	a little	

Actividades	Activities
se puede	you can
bailar	to dance
comer en el restaurante	to eat in the restaurant
comprar una camiseta	to buy a t-shirt
ir a la playa	to go to the beach
ir al cine	to go to the cinema
ir al parque	to go to the park
ir de compras	to go shopping
jugar al fútbol	to play football
montar en bici	to ride a bike
ver un partido de fútbol	to watch a film
ver una película	to watch a film
visitar el museo	to visit the museum



Student Knowledge Organiser 7.5 – Vivo Aqui





Regular 'ar' verbs		
1	habl o	
you (s)	habl as	
he	habl a	
she		
we	habl amos	
you (pl)	habl áis	
they (m)	habl an	
they (f)		

Regular 'er' verbs		
1	beb o	
you (s)	beb es	
he	beb e	
she		
we	beb emos	
you (pl)	beb éis	
they (m)	h a h a ra	
they (f)	beb en	

Regular 'ir' verbs		
I	viv o	
you (s)	vives	
he	viva	
she	vive	
we	viv imos	
you (pl)	viv ís	
they (m)	, ii, an	
they (f)	viv en	

Irregular Verbs	ir	ser	estar
I	voy	soy	estoy
you (s)	vas	eres	estás
he			o o trá
she	va	es	está
we	vamos	somos	estamos
you (pl)	vais	sois	estáis
they (m)		san	ostán
they (f)	van	son	están

Estar and Ser

In Spanish, there are two verbs meaning 'to be': **ser** and **estar**.

- Use **ser** to describe characteristics of people, houses etc and give opinions.
- **estar** is used for location.

ʻa', ʻsome', ʻmany'			
	a/an	some	many/a lot of
masculine	un museo	unos museos	muchos museos
feminine	una tienda	unas tiendas	muchas tiendas

Phonics	6
a	banco, lago
е	ti e nda, e stadio
i	piscina, bonito
0	h o tel, t o rre
u	p u erto, seg u nda

Model Text		
Vivo en Huelva con mi familia y cerca de mis amigos.	I live in Huelva with my family and near to my friends.	
Huelva está en el sur de España cerca de Portugal.	Huelva is in the south of Spain near to Portugal.	
Me encanta vivir en Huelva porque es una ciudad histórica, en la costa	I love living in Huelva because it's a historic town, on the coast,	
sin embargo, es también industrial que es feo en mi opinión.	however, it's also industrial which is ugly in my opinion.	
Desafortunadamente, hay mucha polución porque	Unfortunately, there is a lot of pollution because	
hay demasiado fábricas.	there are too many factories.	
En la ciudad hay muchas tiendas donde se puede comprar muchas cosas.	In the town there are lots of shops where you can buy lots of things.	
Me gustan las tiendas, pero son un poco pequeñas.	I like the shops, but they are a bit small	
El fin de semana tenemos un mercado que es animado.	At the weekend we have a market which is lively.	
También hay un parque grande donde se puede jugar al fútbol.	Also there is a big park where you can play football.	
No hay un estadio que es terrible porque me encanta el fútbol.	There is no stadium which is terrible because I love football. North East Learning T	